Consider a career in welding, pages 2 & 11

Explore hydroponics, page 19

Pick the perfect summer camp, page 40
Advance Your Career with Westmoreland

Whether your ambition is to get a promotion or start a new career, Westmoreland opens doors to opportunities that will transform your life.

Westmoreland offers:
- In-demand career programs including Nursing, Cybersecurity, Welding & more
- Flexible learning with online & evening classes
- Convenient close-to-home locations
- Short-term, stackable college certificates that allow you to receive training and enter the job market quickly

FIND OUT MORE!
724.925.4000
westmoreland.edu

WELDING JOBS ARE IN HIGH DEMAND!

Gain the skills needed for a career in welding at Westmoreland.
Westmoreland offers associate degree, diploma & certificate programs in welding where you can be job ready in just two years or less.

Westmoreland’s programs feature:
- Hands-on training
- State-of-the-art equipment & facilities
- Small classes
- Career services to help you land that job

In the 10-county region surrounding Westmoreland, earnings for occupations related to welding range from $15.09 to $29.38 per hour, with an average hourly wage of $21.48.*

Find out more by calling 724.925.4000 or visiting westmoreland.edu.

*Data provided by EMSI (economicmodeling.com)
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## Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual’s continuing education. CEUs do not correlate to college credit classes. The college maintains student records of CEU accomplishments and copies are available through the Records Department.

### Notice of Nondiscrimination

Westmoreland County Community College will not discriminate in its educational programs, activities or employment practices based on race, color, national origin, sex, sexual orientation, disability, age, religion, ancestry, union membership or any other legally protected classification. Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Section 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990. Inquiries should be directed to the Affirmative Action Officer (presently Sylvia Detar) at 724-925.4190 or in Room 4100D, Business & Industry Center, Youngwood, PA 15697.
BUSINESS & PROFESSIONAL DEVELOPMENT

NEW - Accounting & Finance for Non-Financial Managers
Gain an understanding of the financial concepts and accounting processes to be able to analyze resource allocation and evaluate financial performance. Sharon deFonteny, $195 tuition, 1.6 CEUs
FINX 0025-W1 April 1-26 (online)

Lean Six Sigma
Six Sigma is a disciplined, data-driven approach for eliminating defects in any process. Upon successful completion of this class, you will be familiar with the basics of Six Sigma as applied to Lean Manufacturing. The key elements of DMAIC and the use of root cause analysis tools for improving process quality, speed and complexity will be presented. The pathway to certification will also be reviewed. Robert MacPherson, Six Sigma Specialist – Raytheon, $59 tuition + $2 material fee, .6 CEUs
JREX 4857-01 2 Thursdays starting March 14, 6-9 p.m.

Data Analysis Boot Camp
Understanding how to analyze data to see trends and make predictions is a valuable skill set. This course will provide you with a basic understanding of how to analyze data, present data and develop scorecards. 30-minute lunch on your own. Ryann Bradley, MBA, $59 tuition + $2 material fee, .6 CEUs
JREX 0454-01 Saturday, March 16, 9 a.m.-3:30 p.m.

Project Management Processes
Acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge (PMBOK) Guide. This basic information will assist you in learning the beginnings of Project Management, whether you are interested in project management, in a project management field or in any line of work. Come away with a solid foundation of the five processes to learn and use when any type of project occurs in your employment arena. Christina Martinez, $195 tuition, 1.6 CEUs
JREX 6657-W1 April 1-26 (online)

Conflict Management
You will be introduced to practical conflict resolution techniques and strategies to effectively manage conflict in the workplace in a clear, assertive and constructive manner. Robert MacPherson, $59 tuition + $2 material fee, .6 CEUs
JREX 4864-01 2 Thursdays starting April 4, 6-9 p.m.

Communication in the Workplace
Ineffective communications affect morale, productivity and efficiency in all areas of life. In the workplace, it becomes even more critical since safety, quality, cost and delivery can be impacted in a very real way. Understanding the basic communication process and the key contributors to both success and failure will improve your communications at work and in your personal relationships. Robert MacPherson, $49 tuition + $2 material fee, .5 CEUs
JREX 0939-01 2 Thursdays starting April 25, 6-8:30 p.m.

NEW - Everyone Communicates, Few Connect
Based on the book, Everyone Communicates, Few Connect, by John Maxwell, you will explore the principles of connecting with other people and discover why connecting is important for success. To determine your individual communication style, a full DISC assessment is included. Bring a copy of the book to class. James Teague, MS, and Michelle Teague, MS, both certified John Maxwell trainers, $89 tuition + $27 material fee, 1.25 CEUs
JREX 0943-01 5 Mondays starting March 18, 6-8:30 p.m.

NEW - Developing the Leader Within You 2.0
You will go through the process of developing the vision, values, influence, and motivation that is required of successful leaders. The concepts shared will help you create a positive atmosphere in your life and the lives of the people you influence in all areas of your world. The class is based on John Maxwell’s book, Developing the Leader Within You 2.0. Bring a copy of the book to class. James Teague, MS, and Michelle Teague, MS, both certified John Maxwell trainers, $89 tuition + $2 material fee, 1.25 CEUs
JREX 4854-01 5 Mondays starting April 22, 6-8:30 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Collaborative Management
Knowledge of collaborative skills will enable you to gain participation quickly, get input and buy-in for building consensus and plan for cooperation to get crucial projects completed. This course will help you explore the principles of collaborative management and gain insight on how to expand your collaborative skills for success of your team or organization. Joyce Odidison, $245 tuition, 1.6 CEUs
JREX 4863-W1 March 4-29 (online)

Marketing with Social Media
Learn how to develop an integrated marketing plan that includes search engine optimization, display marketing, content marketing, email, Google Adwords and more to meet your goals. Larry Tavlarides, $65 tuition, .9 CEUs
SMBX 1350-01 3 Thursdays starting March 28, 6-9 p.m.

Boosting Your Website Traffic
Acquire the basic skills to boost your web site traffic, including how to analyze your visitor traffic, how to use search engine optimization to get greater visibility and exposure in Google searches, and how to redesign your web site copy to increase your visitors and results. No experience necessary, but if you are at an advanced level, your instructor is an SEO expert and can answer your toughest questions as well. Dan Belhassen, $195 tuition, 1.6 CEUs
SMBX 9004-W1 March 4-29 (online)

Extraordinary Customer Service
Through this course, you will discover the direct relationship between service skills and career achievement. You will become skilled at being an exceptional service provider. You can help your organization and your career by translating your good service intentions into a workable plan and gain knowledge of ways to consistently deliver great service. The payoff is enormous. Fred Bayley, $145 tuition, 1.6 CEUs
JREX 0975-W1 March 4-29 (online)

Art of Negotiation
Knowing how to negotiate is a valuable skill for both the buyer and seller. Enhance your negotiation skills by learning best practices and understanding how emotions impact results, and how negotiation can resolve differences. Lesley Katancik, MBA, $25 tuition, .3 CEUs
JREX 6002-01 Thursday, March 7, 6-9 p.m.

Fundamentals of Strategic Sourcing
Become a savvy buyer by understanding what goes into the true cost of a product – not just the price you see, the impact of vendor relationships, the tips to drive cost-savings and the appropriate language to use in a contract. Lesley Katancik, MBA, $35 tuition, .6 CEUs
JREX 7574-01 2 Thursdays starting April 10, 6-9 p.m.

Introduction to Category Management
The purpose of category management is to prioritize cost saving goals by reviewing current and long range initiatives. Basic strategic sourcing guidelines will be reviewed followed by an outline of the steps to transform strategic sourcing practices into a category management ideology. Lesley Katancik, MBA, $55 tuition, .9 CEUs
JREX 0925-01 3 Thursdays starting March 28, 6-9 p.m.

NEW - Productivity eTools: Be Organized & Get Stuff Done
Find out the top 40 favorite applications and eTools of productive workers. Then discover how to select the right tools for your needs, evaluate your productivity system and develop a framework that gets things done. Dr. Jennifer Selke, $245 tuition, 1.6 CEUs
JREX 6824-W1 April 1-26 (online)

For more information about Business & Professional Development classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
Google Apps
Google offers a web-based software suite that allows you to create documents, spreadsheets and presentations and save them in the cloud on Google Drive. The suite allows you to create, edit, save and share documents. This class will instruct you in this technology whether you need to utilize the tools because your child’s school district is using them with their students, you work for a company who uses them for day-to-day operations or you want to access your information from any computer with Internet access. Must have a Gmail account, password to access the account and computer experience. Textbook available at the college bookstore. $95 tuition + required textbook, 1.2 CEUs
DAPX 2307-30 James DeLuca
4 Saturdays starting March 23, 9 a.m.-noon (Westmoreland-New Kensington)
DAPX 2307-01 Patricia Roose
4 Tuesdays starting April 16, 6-9 p.m.

Orientation to Coding
You will be introduced to the basics of coding using HTML and CSS. You will write code to develop a simple web application. Must have basic computer experience (save/open files, navigate the internet, etc.). If you find coding to be interesting, you can take your learning to the next step with the Introduction to Coding class. Bring flash drive to class. Janet Powell, $69 tuition, .6 CEUs
DAPX 0892-01 Saturday, March 9, 9 a.m.-3:30 p.m.

NEW - Cybersecurity Basics
Gain a basic understanding of the field of cybersecurity and why it is necessary today. We’ll review past cybersecurity attacks and the potential cost of recovery, along with types of emerging threats, like Ransomware, phishing schemes and identity theft. Following this class, you can take Introduction to Cybersecurity. Michael Caglia, $29 tuition, .2 CEUs
DAPX 1250-01 Tuesday, March 5, 6-8 p.m.

NEW - Introduction to Cybersecurity
This Cisco Networking Academy introductory course explores cyber trends, threats and the broader topic of cybersecurity in a way that will matter to you. Learn how to protect your personal privacy online while gaining additional insight on the challenges companies, governmental and educational institutions face today. Michael Caglia, $185 tuition, 1.5 CEUs
DAPX 1251-01 5 Tuesdays starting March 12, 6-9 p.m.

Introduction to IoT (Ages 16 & over)
The Internet of Things (IoT) is the concept of connecting and interconnecting devices to collect, share and analyze data. This Cisco Networking Academy course provides an overview of the concepts and challenges of the transformational to IoT economy. It discusses the Internet and its evolution to interconnecting people, processes, data and things that form the Internet of Things. Michael Caglia, $99 tuition, 1.5 CEUs
DAPX 3062-01 5 Mondays starting March 11, 6-9 p.m.

Excel 2016 Boot Camp
You will create worksheets by entering and editing data; managing and navigating worksheets and workbooks; create formulas; use functions; manipulate worksheet data; format worksheet contents; and prepare, set up and print information. Windows knowledge is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Richard Martz, $55 tuition + required textbook, .6 CEUs
DAPX 1778-01 Saturday, March 9, 9 a.m.-3:30 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
BUSINESS & PROFESSIONAL DEVELOPMENT

Excel – Advanced Features
Gain advanced skills by learning more complex functions and formulas to produce more appropriate data, Pivot Tables for analyzing that data, and advanced charting for the communication of the data. Must be familiar with common Excel tasks, such as, navigating a worksheet and workbook, adding and deleting rows, columns and worksheets, creating basic functions and formulas, etc. Grace Sandy, $59 tuition, .6 CEUs
DAPX 1782-01 2 Saturdays starting March 23, 9 a.m.-noon

Windows 10 Boot Camp
This hands-on boot camp will show you how to navigate the new Windows 10 interface; use the Windows apps and desktop applications to complete tasks; install new apps and multi-task with multiple programs; work with files and folders; use Cortana and Edge for web browsing; customize the Windows 10 environment; and use the security features. Previous exposure to personal computers and the Internet is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Patricia Roose, $55 tuition + $2 material fee, .6 CEUs
DAPX 9117-01 Saturday, April 13, 9 a.m.-3:30 p.m.

Word Boot Camp
Become familiar with the essential Word working environment, including the Word Start screen with BackStage View to manage and open your saved documents. Instruction will be provided on using the Word Interface; navigating and entering text using both the keyboard shortcuts, mouse and touch screen; personalizing tabs, ribbons and the quick access toolbar; and using file explorer to locate files stored on your computer or Flash Drive. Create new documents and learn editing techniques that you can use to change text, formats, margins, styles, and insert bullets, numbers or tabs. Save documents in PDF or Word older versions. Windows knowledge is required. Handout is included. Bring flash drive to class. 30-minute lunch on your own. Patricia Roose, $55 tuition + $2 material fee, .6 CEUs
DAPX 9226-01 Saturday, April 6, 9 a.m.-3:30 p.m.

Word – Advanced Features
Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments and combine or compare separate reviewer’s comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Patricia Roose, $55 tuition + $2 material fee + required text, .6 CEUs
DAPX 9204-01 Saturday, April 27, 9 a.m.-3:30 p.m.

NEW - Building a Website with WordPress
Create a website for yourself or a small business using the WordPress content management system. We’ll talk about what WordPress is and how it works. You’ll create up to five pages (home, about, services, blog and contact) and customize them with text and images. You’ll also learn to secure and back up your website and how to update it regularly. You will be required to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, $69 tuition, .8 CEUs
DAPX 9240-01 4 Tuesdays starting March 19, 6-8 p.m.

QuickBooks
Manage the financial aspects of your small business quickly and efficiently with this powerful accounting software program. QuickBooks is designed especially for the small to midsized business owners to create and print invoices, track payables and receivables, and more. New course sessions begin monthly. For class start dates, prices and to register, go to www.ed2go.com/wcconed.

Denotes Online Class

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
**Mental Health First Aid**
Mental Health First teaches you risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help. Provided in partnership with Westmoreland Casemanagement and Supports, Inc. 30-minute lunch on your own. $49 tuition, .8 CEUs
JREX 5250-01  Saturday, March 30, 9 a.m.-5:30 p.m.

**NEW - Youth Mental Health First Aid**
Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This eight-hour training gives adults who work with youth the skills needed to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to appropriate care. Provided in partnership with Westmoreland Casemanagement and Supports, Inc. 30-minute lunch on your own. $49 tuition, .8 CEUs
JREX 5251-01  Saturday, April 13, 9 a.m.-5:30 p.m.

**NEW - Substitute Teacher Preparation**
Understand what is expected of a substitute and how to maximize your value to a school. Find out how to develop a subnotebook, understand classroom management, the latest techniques in developing lesson plans, how to use your own portfolio to assist in teaching and much more. David Reilly, $145 tuition, 1.6 CEUs
JREX 7689-W1  March 4-29 (online)

**Pennsylvania Gun Laws**
The course will cover the Gun Control Act of 1968, the purchase of firearms, open carry, concealed carry, permits/license requirements, legal responsibilities of gun ownership, state reciprocity laws, Castle Doctrine Law and deployment of a weapon issues. For attorneys only. Continental breakfast provided. Donald R. Hess, Jr., retired police officer, former police chief, certified firearms and Municipal Police Officers’ Education and Training Commission instructor. Registration ends April 9. $99 tuition + $6 material fee, .4 CEUs, 4 Substantive CLE Credits
JREX 6658-01  Wednesday, April 17, 8:30 a.m.-12:45 p.m.
Food Safety Certification – ServSafe (Non-Credit offering)
A study of food and the methods needed to control contamination and microbial growth. The principles of HACCP and food safety standards and regulations will be presented. Emphasis is given to developing a working environment which will provide the consumer with wholesome, safe food that conforms to the standards of the regulatory agencies. This course is offered in conjunction with the Educational Foundation of the National Restaurant Association.

Class total hours are 16. Classes meet two times face-to-face with an additional 8-hour self-study component. You must complete all 16 hours to be eligible to sit for the ServSafe certification exam. To be eligible to apply to the Pennsylvania Department of Agriculture for the Food Employee Certification, you must successfully pass the ServSafe exam (75%). The textbook, ServSafe Manager, 6th Edition, is available in the college bookstore. Please purchase textbook and read before the first class. Answer sheets can be purchased separately.

Registration Deadline: April 17. No Refunds after the registration deadline.

For more information, call Paula Rendine at 724-925-4082. $99 tuition + $2 material fee, 1.6 CEUs

YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!

Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Qualified companies can receive up to $450 for Essential Skills Training and up to $850 for Advanced Technology Training per eligible employee.

Essential Skills training is designed to improve the job skills required for an employee’s current position. Some types of training eligible through the program may include:

- Applied Mathematics & Measurement
- Communications & Teamwork
- Computer Applications & Software
- Manufacturing Fundamentals
- Workplace Health & Safety

Advanced Technology Training provides instruction in a variety of technology and advanced manufacturing subjects, such as:

- Advanced Manufacturing Technology, includes CAD, CAM, CNC, PLC, ERP
- Advanced Software Implementation
- Computer Programming
- Web Site Design & Development

To find out if your company qualifies for the WEDnetPA Grant, contact our Workforce Development team at workforce@westmoreland.edu.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
INDUSTRY

3D Printing Basics
You will gain hands-on experience in the operation of a 3D printer and associated equipment. In addition, you will explore current and future additive manufacturing applications. Brandon Coiner, $330 tuition, 2.4 CEUs
INDX 0042-A1 8 Mondays starting March 11, 5-8 p.m. (Westmoreland-Advanced Technology Center)

Introduction to MasterCAM
You will navigate through the MasterCAM basics as you create and run tool paths and test your programs while learning the menu structure and time-saving short cuts. Then you will be ready to move onto the MasterCAM Advanced Course and expand your skills! $330 tuition + $130 material fee, 1.2 CEUs
DAPX 5005-A1 George Slezak 3 Saturdays starting March 9, 8 a.m.-noon (Westmoreland-Advanced Technology Center)
DAPX 5005-A2 Steve Slater 4 Tuesdays starting April 9, 5-8 p.m. (Westmoreland-Advanced Technology Center)

Advanced MasterCAM
In this course, you will construct MasterCAM plans and programs as you develop modifications and backup procedures to program the CNC machine. $330 tuition +$130 material fee, 1.2 CEUs
DAPX 5006-A1 George Slezak 3 Saturdays starting March 30, 8 a.m.-noon (Westmoreland-Advanced Technology Center)
DAPX 5006-A2 Steve Slater 4 Tuesdays starting May 7, 5-8 p.m. (Westmoreland-Advanced Technology Center)

Refrigeration Transition & Recovery Certification Prep + Test
If you handle refrigerants, you need to know EPA laws and regulations, safe handling and transportation of refrigerants and recycling/reclamation. The proctored test is drawn from the EPA test bank to become EPA certified. The test consists of four sections: Environmental impact of CFC's and regulations, Type I (small appliances), Type II, (high pressure and very high pressure and Type III (low pressure). Photo I.D. required. Joseph Myers, $75 tuition + $30 material fee, .8 CEUs
INDX 7804-A1 Thursday, May 9, 8 a.m.-4:30 p.m. (Westmoreland-Advanced Technology Center)

Residential Lighting & Electrical Basics
Learn how to diagnose and repair common electrical problems, and most importantly, know when to call a professional. Introduction to the National Electric Code is offered through hands-on activities, simple installations and repairs. Joseph Myers, $95 tuition + $15 material fee, 1.2 CEUs
HOBX 3100-A1 3 Saturdays starting March 23, 8 a.m.-noon (Westmoreland-Advanced Technology Center)

Introduction to SolidWorks
Learn the basics of creating 3D designs using Solidworks, the software used in the design and creation of products in the energy, construction, manufacturing and automotive industries. An experienced instructor will teach you the basics of using the interface, basic functionality, assembly and toolbox basics. George Slezak, $410 tuition + $75 material fee, 2.4 CEUs
DAPX 7554-A1 8 Mondays starting April 1, 5:30-8:30 p.m. (Westmoreland-Advanced Technology Center)

BOOKSTORE HOURS
For textbook prices and information, visit westmoreland.edu/bookstore. Hours are Monday, 8 a.m.-6 p.m. & Tuesday through Friday, 8 a.m.-5 p.m. Bookstore will be closed March 13-16, 2019.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
CNC G-Code Reading & Programming
Conversions of conversations of G-Codes will let you “speak” to your CNC machine and produce programs during 20 hours of hands-on trainings. You will cover the basics of M and G codes as you learn how to read CNC programs and perform basic operations. Prior machining experience required. Textbook available at the college bookstore. George Slezak, $295 tuition + required textbook, 2.0 CEUs
INDX 0952-A1 7 Thursdays starting March 14, 5:30-8:30 p.m.
(last class 5:30-7:30 p.m.) (no class April 18) (Westmoreland-Advanced Technology Center)

Introduction to Welding
An introductory course designed for those new to welding, this course emphasizes safety and fundamentals. There will be demonstrations by instructor and practice by students in basic arc welding. Safe and correct methods of assembly and operation of welding equipment, including use of pedestal and hand grinders will also be covered. Emphasis on lab techniques and safety; students are required to wear proper Personal Protective Equipment (PPE) which can be supplied by the college with rental fee. Tim Barkley, $310 tuition + $35 material fee, 1.8 CEUs
INDX 8999-A1 6 Fridays starting April 26, 5-8 p.m.
(Westmoreland-Advanced Technology Center)

AWS Welding Certification
Our AWS accredited testing facility (ATF) is open for welding certification on 5/15/18. Applicants may take a groove weld certification test on 3/8” mild steel plate with backing using one of the following processes: FCAW (Flux Cored Arc Welding), SMAW (Shielded Metal Arc Welding - “Stick”), GTAW (Gas Tungsten Arc Welding - “TIG”). Applicants may choose the position in which they wish to test. This certification test is intended for those with prior welding experience. Instruction on welding technique is not included. Ben Bilott, $325 tuition + $15 material fee
INDX 8001-A1 Wednesday, March 13, 12-4 p.m.
(Westmoreland-Advanced Technology Center)

NEW - Snap-On Multimeter Certification
Become certified in one of the most requested skills in industry today! You will learn problem-solving capabilities of Snap-On digital multimeters, all while preparing for the Snap-On Multimeter Certification exam. Training is focused on basic applications to advanced troubleshooting. Dale Swick, $288 tuition, 1.2 CEUs
INDX 7200-A1 4 Wednesdays starting April 3, 5-8 p.m.
(Westmoreland-Advanced Technology Center)

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
INTRODUCTION TO BOBBIN LACE

Bobbin Lace is a skilled craft with a tradition dating back hundreds of years. You will learn about the history while working through a series of patterns designed to introduce you to a new skill each week. A $25 deposit for tools will be paid to the instructor the first night of class, which will be returned when the tools are returned. Marion Warzel, $69 tuition + $10 material fee
CRFX 0540-60 6 Wednesdays starting March 6, 6-9 p.m.
(no class March 27 & April 17)
(Westmoreland-Latrobe)

CROCHET FOR BEGINNERS

You will learn basic stitches and proper techniques as you crochet a basket with handles. You will also learn how to read patterns and yarn labels. Bring a crochet hook size H, scissors and a light-colored skein of #4 yarn to class. A supply list for a project will be distributed at the first class. Beverly Bliss, $49 tuition, 1.2 CEUs
CRFX 1120-01 6 Tuesdays starting March 12, 6-8 p.m.

NEW - PATRIOTIC SLATE

Paint a patriotic slate using an original roof slate and outdoor paints. Bring a variety of brushes. Slate and paint will be provided. Registration closes April 18. Jenny Obstarczyk, $15 tuition + $7 material fee, .25 CEUs
CRFX 1326-60 Tuesday May 7, 6-8:30 p.m.
(Westmoreland-Latrobe)

FELTED WOOL FLOWERS

You will select the type of flower you wish to make, cut pattern pieces from wool fabric provided, hand sew it into a flower, cut and add leaves, then finish the pin. Basic hand-sewing experience is a plus. Bring sewing needle, neutral thread, sharp scissors, a wire cutter if available, and a few 7/8” diameter buttons. Kit included will contain all necessary materials. Registration ends one week prior to class start date. Nan Loncharich, $10 tuition + $5 material fee, .15 CEUs
CRFX 2173-01 Tuesday, March 26, 6-7:30 p.m.

HAPPY HEALTHY LIVING:

Chinese Exercices & Acupressure

Chinese Medical Exercises and acupressure massage therapy is based on the traditional Chinese medicine meridian theory which has been used in the treatment and prevention of illness for over two thousand years. You will learn and practice these exercises that consist of pressing one’s own pressure points and stimulating areas of the body that will help you develop muscle tone, boost your immune system, balance emotions, flush out toxins and open blockages to improve circulation and energy flow and balance Yin and Yang. Lingzhi Cai, M.D., Ph.D., $29 tuition + $2 material fee, .6 CEUs
MEDX 3009-60 4 Thursdays starting April 4, 6-7:30 p.m.
(no class April 18)
(Westmoreland-Latrobe)

Qi Gong for Energy & Health

In four sessions, you will learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system’s functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, $35 tuition, .5 CEUs
MEDX 6913-60 4 Thursdays starting March 7, 7-8:15 p.m.
(Westmoreland-Latrobe)

Chinese Self Defense

A softer no-nonsense approach to self-defense utilizing pure techniques rather than power by combining soft style Kung-Fu and Jujitsu. A highly effective system that is easy to learn, will get you in shape, help you lose weight and gain confidence. This course is open to men and women. Taught by Master Nick Long, a former national champion 9th degree Black Belt Master Grade with 40 years teaching experience. $55 tuition, .9 CEUs
PHSX 0913-01 6 Thursdays starting March 7, 7-8:30 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
What is Reiki?
The energy balancing method called Reiki encourages the body and mind into a greater state of stability. The balancing effect on the energy field enlivens the person’s or animal’s instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Hear more about Reiki’s use in people and animals (Janet Jackson, Animal Specialist will be our guest) and experience a short Reiki session for yourself. Kathryn Duffy, Certified Master Teacher, $19 tuition, .25 CEUs
MEDX 7108-01 Tuesday, April 16, 6:30-9 p.m.

Beginning Tai Chi
A program of continuous, non-strenuous movements designed to improve mental focus and concentration, relax and tone the major joints in the body, increase energy levels and build internal strength and suppleness. Wear comfortable clothes and shoes. Patricia Cummerick, $39 tuition, .6 CEUs
MEDX 8018-01 6 Tuesdays starting March 5, 2-3 p.m.
(no class April 9)

Tai Chi Level II
Perfect your form and balance through practice. Wear comfortable clothes and shoes. Prerequisite: Beginning Tai Chi. Patricia Cummerick, $39 tuition, .6 CEUs
MEDX 8019-01 6 Tuesdays starting March 5, 3-4 p.m.
(no class April 9)

Walk Live
Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, $39 tuition, .6 CEUs
PHSX 9039-01 6 Thursdays starting March 7, 5:30-6:30 p.m.
PHSX 9039-02 6 Mondays starting March 4, 10-11 a.m.
(no class March 18)

Enriching Women’s Group
We will gather in community and practice breathing techniques, meditation and yoga based movements as key components to a healthier life, along with holistic lifestyle discussions. Gathering together in groups of women is what many of us are seeking today. Bring a mat, blanket, water and other items for your comfort. Stacey McBeth, $45 tuition + $8 material fee, .9 CEUs
PHSX 1755-01 6 Saturdays starting March 2, 9:30-11 a.m.
(no class March 16)

Gentle Yoga
An introduction into yoga techniques for those who haven’t exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. $42 tuition + $2 material fee, .75 CEUs
PHSX 9485-01 Nancy Micheals 8 Tuesdays starting March 12, 10-11:15 a.m.
PHSX 9485-90 Saroja Chandra 8 Tuesdays starting March 12, 10-11:15 a.m.
(no class March 26)
(Westmoreland-Murrysville)

Don’t miss out on class information & updates!
Provide your email address when registering.
Addresses will not be shared.
PERSONAL ENRICHMENT

Hatha Yoga
Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath, as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. Meditations will have themes of yogic principles and peace. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring yoga mat to class. $55 tuition, 1.0 CEUs

PHSX 9490-01 Jennifer Goebel
8 Mondays starting March 4, 6:45-8 p.m.
(no class March 18)

PHSX 9490-61 Jennifer Goebel
8 Wednesdays starting March 6, 6-7:15 p.m.
(no class April 17)
(Westmoreland-Latrobe)

PHSX 9490-60 Tracy Tryall
8 Fridays starting March 8, 10-11:15 a.m.
(no class April 19)
(Westmoreland-Latrobe)

PHSX 9490-90 Saroja Chandra
8 Tuesdays starting March 12, 6-7:15 p.m.
(no class March 26)
(Westmoreland-Murrysville)

Zumba
A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun you won’t believe you are exercising! Wear good, supportive sneakers and bring water. Missy Troxell, $49 tuition, .8 CEUs

PHSX 9980-01 8 Mondays starting March 4, 5:30-6:30 p.m.
(no class March 18)

For more information about Personal Enrichment classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

Food
Cake Decorating I
Learn all the basics of cake decorating, including seven borders, 13 flowers, basket weave, lattice and transfers. The first session meets for only one hour to receive a material list and discuss supplies. Limit 12 students. Mary Lou Cinciripini, $89 tuition + $7 material fee, 1.5 CEUs

FODX 0460-01 8 Tuesdays starting March 12, 6-8 p.m. (first class 6-7 p.m.)

Dinner Demo with Sergio
Sergio will explain each step of a two-course so you can replicate the meal for family and friends. You will sit down to enjoy the meal he prepares. Appetizer: roasted garlic tomato soup; Salad: arugula and tomatoes alla vinaigrette; First Course: spaghetti with pesto; Second Course: pork tenderloin alla Genovese with sautéed greens; Dessert: pop-overs. $25 tuition + $25 material fee, .4 CEUs

FODX 1362-01 Saturday, March 16, 9 a.m.-1 p.m.

Stir Fry
Shrimp with chicken stir-fry and a vegetable stir-fry served with wonton soup. It is recommended you bring an apron. Amy Gong, $25 tuition + $16 material fee, .35 CEUs

FODX 7566-01 Thursday, March 28, 6-9:30 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
Pizza & Calzone
Put your imagination to work and create personalized toppings and fillings for your family and friends. You will eat the food that is prepared. It is recommended you bring an apron. Sergio Maragni, $27 tuition + $15 material fee, .4 CEUs
FODX 6654-01 Saturday, March 30, 9 a.m.-1 p.m.

Real Potato Halusky
Learn to make “real” halusky like Baba (grandma) made. Potato halusky (not noodle halusky) has been made for more than 100 years in eastern Slovakia. You will eat the fare that is prepared. It is recommended you bring an apron. Dennis Ragan, $25 tuition + $5 material fee, .3 CEUs
FODX 2900-01 Wednesday, March 27, 6-9 p.m.

Spring Roll
Pork, shrimp and vegetable spring rolls served with hot and sour soup. It is recommended you bring an apron. Amy Gong, $25 tuition + $16 material fee, .35 CEUs
FODX 7563-01 Wednesday, April 10, 6-9:30 p.m.

Fresh Mozzarella
Learn to make this Italian delicacy that’s easy to prepare and may be served in a variety of ways (as an appetizer, in salads, in sandwiches, with pasta, fried or simply by itself with a slice of bread). This humble cheese enriches anything it touches, and its versatility is limited only by your imagination. You will eat the food that is prepared. It is recommended you bring an apron. Sergio Maragni, $27 tuition + $18 material fee, .4 CEUs
FODX 5373-01 Saturday, April 27, 9 a.m.-1 p.m.

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at westmoreland.edu/CEproposal for a course proposal form and to view directions and deadlines for submission.

Culinary Quick Start Program
March 5-20, 2019

There are hundreds of immediate openings for line and prep cooks in professional kitchens.

Gain the skills needed for entry level positions in the culinary field by enrolling in this program.

See page 47 for details.

For textbook prices and information, visit westmoreland.edu/bookstore.
Chef Scott Schmucker, Ed.D., CEC, CCE
is a professional chef and a full-time professor in Westmoreland’s School of Culinary Arts/Hospitality. Join him as he shares his culinary expertise with the community. You will eat the food you prepare at the end of each class. It is recommended you bring an apron.

**Sushi**
Learn to prepare your own fresh sushi. Chef Schmucker will explain proper rice preparation, rolling techniques, vegetable/seafood selection and cutting. You will learn the differences between Sashimi, Ni-giri, Maki, Temaki and Uramaki Sushi. You will eat the created sushi with appropriate garnishes and leave class with a bamboo roller. Registration closes March 25. Chef Scott Schmucker, Ed.D, CEC, CCE, $39 tuition + $17 material fee, .35 CEUs
FODX 7750-01 Thursday, April 4, 6-9:30 p.m.

**NEW - Fresh Soups Workshop**
There are many different types of soups used in the industry today: clear, thick, creamy, coulis style, nationality, etc. Chef Schmucker will demonstrate different methods of thickening fresh soups, and you will prepare soups from scratch. Finished soups will be critiqued by Chef Schmucker. $39 tuition + $10 material fee, .35 CEUs
FODX 7569-01 Thursday, April 25, 6-9:30 p.m.

**NEW - Louisiana’s Cajun & Creole Cuisines**
Learn how to prepare several different classical Cajun and Creole dishes while learning about the culture and history of this type of cuisine. $39 tuition + $15 material fee, .35 CEUs
FODX 4920-01 Thursday, April 11, 6-9:30 p.m.

**Fresh Pasta Workshop**
Chef Schmucker will introduce you to different types of pastas used throughout history and today. He will also show you the different ways to make fresh pastas and dry pastas, which you will prepare. You will make sauce from scratch to accompany your pastas. $39 tuition + $10 material fee, .35 CEUs
FODX 6502-01 Thursday, May 2, 6-9:30 p.m.
PERSONAL ENRICHMENT

Languages & Culture

Italian, Level I
In this introductory course in Italian, you will acquire basic speaking, reading and writing skills while learning about Italian culture. Grammar, tenses, structure and conversation are included. Textbook available at the college bookstore. Antonella DiFilippo-Petrucelli, $139 tuition + $2 material fee + required textbook, 3.0 CEUs
LNGX 3060-01 10 Mondays starting March 4, 11 a.m.-2 p.m.

Italian, Level II
A continuation of Level I with an emphasis on speaking, reading and writing. You will build vocabulary through conversation while learning new verb tenses and grammar. Textbook available at the college bookstore. (Textbook is same as Level I). Antonella DiFilippo-Petrucelli, $139 tuition + $2 material fee + required textbook, 3.0 CEUs
LNGX 3081-01 10 Tuesdays starting March 5, 11 a.m.-2 p.m.

Italian, Level III
New grammar and verb tenses will be introduced, while keeping the emphasis on speaking and writing. Prerequisite: Italian Level II. Textbook available at the college bookstore. (Textbook is same as Levels I & II). Antonella DiFilippo-Petrucelli, $139 tuition + required textbook, 3.0 CEUs
LNGX 3082-01 10 Thursdays starting March 7, 11 a.m.-2 p.m. (no class April 18)

Spanish, Level I
This course emphasizes vocabulary, grammar and writing instruction in addition to Spanish and Latin American culture. Textbook available at the college bookstore. Dominic Palmieri, $139 tuition + optional textbook, 3.0 CEUs
LNGX 7831-01 10 Mondays starting March 4, 6-9 p.m.

Spanish, Level II
A continuation of Level I, you will be introduced to grammatical content to enhance accuracy, and you’ll build vocabulary through conversation. Textbook available at the college bookstore. (Text is same as Level I.) Dominic Palmieri, $139 tuition + optional textbook, 3.0 CEUs
LNGX 7551-01 10 Thursdays starting March 7, 6-9 p.m. (no class April 18)

Law & Money

Protect Your Assets
Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. David Mickley, CLU, MSFS, ChFC, CFP®, CMP™, CLTC, $25 tuition, .3 CEUs
FINX 7553-01 Thursday, April 25, 6-9 p.m.

Estate Planning
This class provides fundamental estate-planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, $9 tuition, .1 CEUs
FINX 1752-01 Monday, March 25, 6-7 p.m.

Buying a Home in Today’s Market
This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, $15 tuition, .2 CEUs
RESX 0460-01 Wednesday, March 20, 6-8 p.m.

Selling a Home in Today’s Market
Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, $15 tuition, .2 CEUs
RESX 7500-01 Wednesday, March 27, 6-8 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
PERSONAL ENRICHMENT

Invest in Your Debt
Learn how to pay off all debt, including mortgages, in 7 to 10 years using only present income. You will learn specific mathematical techniques for rapidly paying down debt. Whether you earn $20,000 or $120,000, you will benefit from this practical, proven method. No get-rich-quick schemes—just simple math and surprising results. Bring a list of your debts, with balances and monthly payments, along with a calculator to class. Optional textbook available from the instructor for $45. Linda Banks, $29 tuition + $7 material fee, .3 CEUs
FINX 3220-01 Thursday, April 4, 6-9 p.m.

Paying for Long-term Care
The average cost of nursing home care in the Commonwealth of Pennsylvania is now over $8,400 a month. What would your family do if faced with a nursing home stay? What is the difference between Personal Care, Assisted Living and Nursing Home Care? What options exist to allow loved ones to stay at home? What benefits are available to help pay for the care we need? Will I lose my house if I accept help from Medicaid? This class will discuss the answers to these questions and more. Colleen Bratkovich, Esquire, $29 tuition, .6 CEUs
FINX 4860-01 2 Tuesdays starting April 9, 6-9 p.m.

Real Estate Investments
Topics covered will include methods to selecting profitable properties, how to find great deals, financing, rehab and project management, buying and holding properties, flipping, tenant selection and management, title insurance and other tips to starting and growing your real estate business. Otis DiCerbo, $29 tuition + $2 material fee, .3 CEUs
FINX 6699-01 Thursday, April 25, 6-9 p.m.

NEW - Retirement Fear Factor
Retirees face common fears: outliving your money, social security being reduced or eliminated and paying for long term care. How would you be able to support your spouse and family if your retirement income was primarily being used to pay for your care? These are scary and unfortunately very real topics. Fortunately there are strategies and solutions to overcome them. David Mickley, CLU, MSFS, ChFC, CFP®, CMP™, CLTC, $15 tuition, .2 CEUs
FINX 6698-01 Tuesday, April 30, 6-8 p.m.

Basic Will Writing
You’ll leave this course with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Mary Ann Grec, $29 tuition, .4 CEUs
LAWX 5300-01 Monday, April 1, 5:30-9:30 p.m.

BOOKSTORE HOURS
For textbook prices and information, visit westmoreland.edu/bookstore. Hours are Monday, 8 a.m.-6 p.m. & Tuesday through Friday, 8 a.m.-5 p.m. Bookstore will be closed March 13-16, 2019.
**Weekend Gardener Series 2019**

The following seminars are offered through a partnership with Penn State Cooperative Extension and will be conducted at the Youngwood Campus. Please register early, classes fill quickly.

**Small Trees for Pennsylvania Landscape**  
*Eric Oesterling, Retired Penn State Extension educator*  
There are an endless variety of small to medium sized trees that can add color and beauty to your landscape. Consider not just spring bloom but also leaf color in spring, summer and fall, interesting bark, tree structure and even fruit for winter interest. Consider the site, soil, space, drainage, exposure, sunlight, etc. There is a tree for every spot. We will take a look at many species and selections of both introduced and native trees that can thrive in our soils and climate. Oesterling has worked and taught about horticulture in Pennsylvania for 40 years. $20 tuition, .225 CEUs  
NTRX 8023-01 Tuesday, March 5, 7-9:15 p.m.

**Building the Natural Swimming Pond**  
*Martha Oliver, horticulturist at Powdermill Nature Reserve and Lifelong Gardener*  
Oliver built a swimming pond with a marsh filtration system in 2008. After 10 years and many mistakes, her 27’ x 20’ pond is crystal clear year-round without any chlorine, and home to goldfish, tadpoles, newts and frogs, plus water lilies and pickerel weed. With step-by-step photos of the pond through the years, she will discuss site location, expenses, troubleshooting and planting the marsh filter. The water garden growing in gravel is home to many beautiful plants and blooms throughout the season, March to October. $20 tuition, .225 CEUs  
NTRX 7575-01 Tuesday, March 12, 7-9:15 p.m.

**Introduction to General Hydroponics**  
*Lauren Baylor, manager of Root 22 Hydroponics*  
This introduction into the general applications of hydroponics for indoor growing will explain why hydroponics is able to produce a larger yield for crops at a faster rate than traditional growing methods. Baylor will highlight a few popular hydroponic methods - NFT, Deep Water Culture, Aquaponics, and Flood and Drain. The presentation will include an overview of media, environmental controls, lighting systems and nutrient solutions. $20 tuition, .225 CEUs  
NTRX 3062-01 Tuesday, March 19, 7-9:15 p.m.

**Succulents Are Sexy**  
*Bill Hendricks, owner of Klyn Nurseries and Expert Plantsman*  
Many cacti and succulents are hardy and can be used in the garden year-round or placed outside in containers. Hendricks will discuss their diversity and how to care for them in the home and garden, along with creative ways to use and display your plants. $20 tuition, .225 CEUs  
NTRX 7571-01 Tuesday, March 26, 7-9:15 p.m.

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ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
April 2 - Two Presentations
$20 tuition, .225 CEUs
NTRX 4518-01 Tuesday, April 2, 7-9:15 p.m.

PART ONE: Identification & Management of the New Invasive Insect-Spotted Lanternfly
(7-8 p.m.)
Heather Leach, Spotted Lanternfly Extension associate at Penn State
Leach will talk about the impact of Spotted Lanternfly across all affected commodities and stakeholders, including homeowners, the green industry and grape growers. She will provide an overview of how to prepare for spotted lanternfly and the research happening at Penn State to control this insect.

PART TWO: Dare 2 B Tick Aware
(8:15-9:15 p.m.)
Chelsea Gross, West Nile Virus Program technician for Westmoreland Conservation District
Pennsylvania leads the nation in cases of Lyme disease and ticks are a statewide risk with tick-borne diseases reported in all 67 counties. Learn how to prevent tick bites and Lyme and other tick-borne diseases. Gross will also cover the lifecycles of ticks, how to remove a tick, recognizing early symptoms and seeking help if you become ill.

Where Would We Be Without Honeybees?
David Lake, beekeeper and Penn State Master Gardener
you know that bees are responsible for one out of every three bites of food that we eat? They have been in the news over the last few years concerning pollination and Colony Collapse disorder. Learn about the hives yearly cycle, honey extraction, diseases and pests, the importance of their work in pollination and more! $20 tuition, .225 CEUs
NTRX 3057-01 Tuesday, April 9, 7-9:15 p.m.

Additional Gardening Classes

The Versatility of Herbs
Homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, $35 tuition, .6 CEUs
NTRX 8560-01 3 Wednesdays starting May 1, 7-9 p.m.

NEW - What’s New in Perennials?
Perennials provide your garden with a variety of color, form, bloom time, size and texture. Learn what plants to purchase based on soil and light conditions and begin planning your beautiful garden. Nancy Neel, $10 tuition
NTRX 6649-01 Wednesday, March 27, 6-8 p.m.

Fairy Gardens
Add magic to your backyard with a fairy garden by learning the proper plant and soil selection for compatibility and appropriateness for a miniature garden, along with accessories to create your own. Nancy Neel, $10 tuition
NTRX 1752-01 Wednesday, April 10, 6-8 p.m.
**Personal Interest**

**Beginning Beekeeping**
Beekeeping is a great hobby that could also turn into a profitable business. Topics covered include basics of beginning beekeeping; where to obtain bees; equipment; state inspectors and regulations; and honey safety guidelines. Registration ends February 21. John Albright, $55 tuition + $12 material fee, 1.0 CEUs
NTRX 0080-01 4 Mondays starting March 4, 6:30-9 p.m.

**Balancing Your Body’s Energy Fields**
Often when we feel tired, depleted or unclear, it is our biofield energy that is out of balance. In 1994, the US National Institute of Health (NIH) established the term “biofield” to describe the matrix of different energies supporting vitality. Traditional Chinese medicine describes the internal and external energy biofields as the aura, chakra system and meridian field. Explore the form and function of these energy systems and learn simple methods that encourage balance and harmonious flow. Kathy Duffy, director of Energy Connection Creative Healing Center, $17 tuition + $3 material fee,.25 CEUs
PRDX 0347-01 Thursday, May 9, 6:30-9 p.m.

**Essential Oils 101**
Oils extracted from aromatic plants have powerful, positive and therapeutic benefits to the mind and body. You will learn what essential oils are, why they work, and how to safely use them to boost the immune system, reduce stress and anxiety, improve sleeping, etc. You will make a personalized oil blend to take home. Leigh Ann Brockhoff & Jamie Wieland, $39 tuition + $12 material fee,.6 CEUs
PRDX 1801-60 2 Thursdays starting March 21, 6-9 p.m.
(Westmoreland-Latrobe)
PRDX 1801-01 2 Thursdays starting April 4, 6-9 p.m.

**Balance Yourself Using Color**
Color affects your physical, mental and emotional states. Each color has a unique frequency and wavelength that promotes a specific energy that can be calming, motivating, healing, irritating, etc. Explore ways to use color to make a difference in your environment and your personal state of balance. We will cover practical applications as well as how to use color visualization for stress reduction. Linda Yarbrough, $15 tuition, .25 CEUs
PRDX 0349-01 Wednesday, April 3, 6:30-9 p.m.

**NEW - Minimalism 101**
Tired of feeling overwhelmed? Want to live a more simple life with less stress, more money and more time with loved ones and favorite activities? You can achieve these things with minimalism. Minimalism is more than having less clutter in your home – it is a lifestyle change. Get started on your journey toward minimalism. Corry Vargo, $15 tuition
PRDX 5256-01 Tuesday, April 2, 6-9 p.m.

**Herbal Tea Blends**
Join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, $15 tuition + $2 material fee,.2 CEUs
PHSX 3045-01 Tuesday, April 9, 7-9 p.m.

**Edible & Medicinal Plants of Pennsylvania**
Discover the edible and medicinal plants and their uses that are local to Western Pennsylvania as you take a two-hour walk on the Five Star Bike Trail. Wear appropriate foot wear. Class meets in a classroom and will be held rain or shine. Lindsey Praksti, $15 tuition + $2 material fee, .2 CEUs
MEDX 1764-01 Saturday, April 27, 10 a.m.-noon

**Stress-The Difference Between Good & Bad**
Stress is an inevitable part of life, but you can improve the way you respond to bad stress. Good stress is the stress that is beneficial and motivating. Join the discussion to learn how to keep a balance in your life. Dolores O’Hara, $12 tuition, .2 CEUs
PRDX 7803-01 Tuesday, April 23, 6-8 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
PERSONAL ENRICHMENT

Zentangle
Create beautiful images from repetitive patterns in an easy to learn format. This fascinating new art form increases focus and creativity while providing a fun and light-hearted way to relax and intentionally shift your attention. Additional Zentangle supplies will be available in class. Paulette Harvey, $12 tuition + $10 material fee, .2 CEUs
RTSX 9900-01 Thursday, April 4, 6-8 p.m.

Photoshop, Level 1
With this hands-on course, you will enhance photos and artwork that will demonstrate the Photoshop basics and capabilities. Using the powerful tools of retouching, painting and drawing, you will be able to create dazzling images to make your presentations, newsletters or artwork pop. You should know how to use a computer, but no previous Photoshop experience is necessary. Victor Pilipovich, $95 tuition + $2 material fee, 1.5 CEUs
DAPX 6657-01 5 Tuesdays starting March 5, 6-9 p.m.

Photoshop, Level 2
Take the basics learned in Photoshop, Level 1 to a higher level and expand the use of Photoshop application to manipulate your images. You will apply new applications through hands-on imaging exercises. Pre-requisite: Photoshop, Level 1 or at least one year experience using Photoshop. Victor Pilipovich, $95 tuition + $10 material fee, 1.5 CEUs
DAPX 6658-01 5 Tuesdays starting April 16, 6-9 p.m.

Drones: What You Need to Know Before You Fly
Small Unmanned Aircraft Systems (sUAS), commonly known as drones, are a dynamic, emerging technology that are changing how businesses operate. Whether you are a hobbyist or want to utilize drones for business purposes, you must know the legal issues, FAA guidelines and safety best practices before you fly. This class will provide you with an overview of drone operation and regulations, as well as tips on purchasing a drone, and a hands-on opportunity to fly a drone. David Uhrinek, $29 tuition, .4 CEUs
PRDX 1450-01 Saturday starting April 27, 8:30 a.m.-12:30 p.m.

How to Operate Your Digital Camera
This course will show you how to use the buttons, dials and switches on your digital camera for better photographic results. Bring your digital camera and manual to class. Textbook available at the college bookstore. Alan Laick, $55 tuition + optional textbook, .9 CEUs
DAPX 1478-01 3 Tuesdays starting March 19, 6-9 p.m.

Wireless Security
Secure your home wireless network to minimize the risk of your personal information being stolen. Gaining an understanding of wireless technology and taking steps to lockdown your wireless network will make you less of a target for hackers. Carol Shoemaker, $29 tuition, .3 CEUs
DAPX 8751-01 Monday, March 18, 6-9 p.m.

Get to Know Your Kindle Fire
Features reviewed will include setting up your eReader, downloading eBooks, customizing your home screen and using App shortcuts to borrowing eBooks from your local library, sharing your collection, identifying sources for free eBooks and transferring files from your computer to your eBook device. All user levels welcome. Bring your eReader and your library card (if you have one) to class. Anne Zemba, $15 tuition, .2 CEUs
PRDX 2551-01 Wednesday, March 27, 6-8 p.m.

Digital Photography
Learn the basics of photography such as lighting, shutter speed, aperture, exposure and ASA to take photographs and transform them into digital creations using a computer. Victor Pilipovich, $99 tuition + $2 material/lab fee, 1.8 CEUs
DAPX 1470-01 6 Wednesdays starting March 20, 6-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Fundamentals of Guitar Playing
This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar.

- Limit 10 students. Registration ends February 28. Deborah Kazsimer, $59 tuition + $27 material fee (includes textbook), .8 CEUs
  - MSCX 2604-01 8 Mondays starting March 11, 6-7 p.m.
  - MSCX 2604-02 8 Mondays starting March 11, 7:10-8:10 p.m.

Fundamentals of Guitar Playing II
Lessons will include sight reading chords, bass chord accompaniment, dynamics, eighth note rests, dotted quarter notes, major scales and more! Bring acoustic guitar to class. Limit 10 students. Registration ends February 28. If you have the book, inform registration. Deborah Kazsimer, $59 tuition + $27 material fee (includes textbook), .8 CEUs
  - MSCX 2606-01 8 Thursdays starting March 14, 6-7 p.m.
  - (no class April 18)

Fundamentals of Guitar Playing III
Includes sight notes higher up on the staff, melody with chord reading accompaniment, bass solos with chord accompaniment, syncopation, major and minor scales, 16th notes with syncopation and alternating bass notes. Bring guitar to class. Limit 10 students. Registration ends February 28. If you have the book, inform registration. Deborah Kazsimer, $59 tuition + $27 material fee (includes textbook), .8 CEUs
  - MSCX 2607-01 8 Thursdays starting March 14, 7:10-8:10 p.m.
  - (no class April 18)

Fundamentals of Guitar Playing IV
Continue learning guitar techniques, diminished and augmented chords, syncopated rhythms, arpeggios, minor keys, walking bass notes, harmonic minor and melodic minor scales, and more. Must be an advanced guitar player. Bring acoustic guitar to class. Limit 10 students. Registration ends February 28. If you have the book, inform registration. Deborah Kazsimer, $59 tuition + $27 material fee (includes textbook), .8 CEUs
  - MSCX 2608-01 8 Thursdays starting March 1, 8:20-9:20 p.m.
  - (no class April 18)

Beyond Six Strings!
Explore a variety of techniques and styles that include how to jam with others via chord progressions, improvising with scales, finger style playing, arpeggios, alternate tunings, and genres including rock, country music, blues, jazz and more. Bring guitar to class. Limit 10 students. Registration ends February 28. If you have the book, inform Registration. Deborah Kazsimer, $59 tuition + $30 material fee (includes textbook), .8 CEUs
  - MSCX 0455-01 8 Mondays starting March 11, 8:20-9:20 p.m.
  - (no class April 18)

NEW - Fun with the Ukulele
Learn to play simple melodies and chord accompaniment on the ukulele for individual, duet or group performance. Course materials will be presented in both standard musical notation and tablature. No prior musical training is required. The class is designed to provide a platform for future development and expansion of technique. You must provide your own instrument. Fred C. Adams, Ph.D., $45 tuition + $2 material fee
  - MSCX 9450-01 3 Tuesdays starting April 9, 6-8 p.m.
Basic Handgun Familiarization for Women
Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner’s manual. (No firearms please.) One-hour lunch on your own. Donald Hess, $42 tuition + $2 material fee, .4 CEUs
LAWX 2049-01 Saturday, March 23, 9 a.m.-2 p.m.

Handguns - Home Safety & Personal Protection
Applicable “use of force” issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, $125 tuition + $10 material fee, 1.6 CEUs
LAWX 2050-01 Monday & Wednesday, March 11 & 13, 6-10 p.m. (Youngwood) and Saturday, March 16, 8 a.m.-5 p.m. (Public Safety Training Center)

Advanced Handguns - Home Safety & Personal Protection
Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland’s firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Prerequisite: Handguns-Home Safety and Personal Protection. Donald Hess, $64 tuition + $10 material fee, .8 CEUs
LAWX 2051-78 Saturday, March 30, 8 a.m.-5 p.m. (Public Safety Training Center)

Advanced Handguns II
Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns (LAWX 2051). Donald Hess, $65 tuition + $10 material fee, .8 CEUs
LAWX 2053-78 Saturday, February 23, 8 a.m.-5 p.m. (Public Safety Training Center)

Dim Light/Darkness Shooting - Advanced Handgun Level 2
Most crimes involving firearms occur in the evening hours or later, when darkness provides easy cover to criminals. Skills learned will increase marksmanship and decision making as it relates to survival and use of deadly force. Have the edge when it comes to target acquisition and skills when it counts the most and know your rights. Prerequisite: Advanced Handguns-Home Safety & Personal Protection. Donald Hess, $75 tuition + $2 material fee, .6 CEUs
LAWX 2052-78 Saturday, March 9, 4-10 p.m. (Public Safety Training Center)
PERSONAL ENRICHMENT

Archiving Your Family Treasures
Preserve your family’s history for generations to come. You will learn how to catalogue and preserve your collections so that they can be shared with others. Bring a sampling of your treasures to the last class.
Frank Kordalski, Jr., $19 tuition, .4 CEUs
HSTX 2594-01 2 Wednesdays starting March 27, 6:30-8:30 p.m.

The History of Bushy Run Battlefield
The Battle of Bushy Run was one of the most significant Native American conflicts in American History. Come and discover the role this local historical landmark played in the history of our nation.
Scott Perry, $15 tuition, .3 CEUs
HSTX 3072-90 Thursday, April 4, 6-9 p.m. (Westmoreland-Murrysville)

Road to Revolution: America’s Path to Independence
This exciting story will introduce you to the origins of American Independence. The years 1763-1776 were some of the most important years in our nation’s history. You will learn about the decade that drove famous early Americans such as George Washington, John Adams, Thomas Jefferson and Pennsylvania’s own Benjamin Franklin, to create the United States. From loyal British colony to independent nation, you will explore the birth of our nation.
Eric Greisinger, Ph.D., $15 tuition, .3 CEUs
HSTX 7110-01 Thursday, April 25, 6-9 p.m.

International Impact of the American Civil War
In the course of any war, commerce is disrupted and the American Civil War was no exception. We will look at how the naval blockade of southern ports affected foreign economies, helped in the building of the Suez Canal and led to the rise of an extremist Islamic movement.
Scott Perry, $15 tuition, .3 CEUs
HSTX 3800-01 Monday, April 15, 6-9 p.m.

NEW - World War I & Society
Famous figures, key events, social connections and the impact the war had on the 20th & 21st centuries will be presented.
Eric Greisinger, Ph.D., $15 tuition, .3 CEUs
HSTX 9059-01 Thursday, April 11, 6-9 p.m.

NEW - Prohibition in America
This course examines the origins of alcohol in America, how it was used and why people wanted its use to end. It then takes a more detailed view of the rules during prohibition, how they were violated and how they were followed. It also looks at the political process that allowed a very small minority in the country to enact a constitutional amendment to ban the sale, importation and production of alcohol in America.
Eric Greisinger, Ph.D., $15 tuition, .3 CEUs
HSTX 6677-01 Monday, April 29, 6-9 p.m.

Medicare 101
Information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit.
Information will be presented by the APPRISE program which is a program of the Department of Aging.
The program provides free information and counseling to anyone who is Medicare eligible. No tuition, .2 CEUs
PRDX 5019-01 Tuesday, January 22, 2-4 p.m.
PRDX 5019-90 Tuesday, February 19, 2-4 p.m. (Westmoreland-Murrysville)
PRDX 5019-60 Tuesday, March 19, 2-4 p.m. (Westmoreland-Latrobe)
PRDX 5019-91 Tuesday, April 9, 6-8 p.m. (Westmoreland-Murrysville)
PRDX 5019-02 Tuesday, May 14, 6-8 p.m.

Car Maintenance
Old or new, warranty or not, having a few simple tips could save you potential car problems. Topics include tire care and changing, care of fluids, oil changes, filter replacements, preventative maintenance schedules and when your car needs to see a mechanic. Wear appropriate clothes as portions of the class will be held outside.
Randi Ward, $15 tuition, .3 CEUs
AUTX 0032-30 Saturday, April 13, 9 a.m.-noon (Westmoreland-New Kensington)

NEW - The Splendid Little War: 1898
The Spanish-Philippine-American War lasted from April to August 1898. Famous figures, key events, long-term impacts and social connections of the conflict will be presented.
Eric Greisinger, Ph.D., $15 tuition, .3 CEUs
HSTX 8999-01 Thursday, March 28, 6-9 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
**Private Pilot Ground School**

Whether you want to earn your wings as a private pilot, prepare for the FAA written exam or just add to your understanding of the world of flight, this informative class provides just the right amount of instruction. Classes are held at the Westmoreland Aviation at the Arnold Palmer Regional Airport and are offered in cooperation with Westmoreland Aviation. Material fee for pilot kit to be paid to Westmoreland Aviation. Discounted flight instruction is available to students of this course utilizing Westmoreland Aviation Aircraft and Instructors. Registration ends February 20. $259 tuition + $130 (+ tax) material fee, 3.6 CEUs

PRDX 5451-62 12 Thursdays starting March 7, 6-9 p.m. (Arnold Palmer Regional Airport)

**Residential Lighting & Electrical Basics**

Learn how to diagnose and repair common electrical problems, and most importantly, know when to call a professional. Introduction to the National Electric Code is offered through hands-on activities, simple installations and repairs. Joseph Myers, $95 tuition + $15 material fee, 1.2 CEUs

HOBX 3100-A1 3 Saturdays starting March 23, 8 a.m.-noon (Westmoreland-Advanced Technology Center)
PERSONAL ENRICHMENT

Pet Care

Basic Dog Obedience
This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires a certificate from a veterinarian showing PHL w/Parvo given within the last nine months and rabies within the last two years. Bring your dog on a leash. Arlene Halloran, $59 tuition
NTRX 1360-01 8 Saturdays starting March 23, 9-10 a.m.
(no class April 20)
(Science Hall Parking Lot)

Advanced Dog Obedience
This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Arlene Halloran, $59 tuition
NTRX 1351-01 8 Saturdays starting March 23, 10-11 a.m.
(no class April 20)
(Science Hall Parking Lot)

Safe Driving

AARP Smart Driver Course
This two-session classroom driver retraining program is designed to help adults age 50 and better improve their driving skills. The class covers the effects of aging and medications on driving, basic driving rules, license renewal, local traffic hazards, adverse road conditions, energy saving and accident prevention measures. $20 material fee payable at first class (check or money order only made payable to AARP, no cash). The fee is only $15 if you are a member of AARP (membership card must be presented). NOTE: You must be age 50 or older, have a valid driver’s license and attend both sessions to receive a certificate.
RSVL 2150-01 Monday & Tuesday, April 8 & 9, 6-10 p.m.
RSVL 2150-60 Monday & Tuesday, April 8 & 9, 9 a.m.-1 p.m. (Westmoreland-Latrobe)
RSVL 2150-90 Monday & Tuesday, April 15 & 16, 9 a.m.-1 p.m. (Westmoreland-Murrysville)
RSVL 2150-02 Tuesday & Wednesday, May 14 & 15, 9 a.m.-1 p.m.

AARP Smart Driver Course Four-Hour Refresher
This class will teach you how to handle adverse driving conditions and traffic hazards, in addition to learning about the effects of aging and medications on driving. Prerequisite: AARP Driver Safety eight hour class. You must bring the safety certificate from prior 55 Alive Driver Safety class as proof of completion. $20 material fee payable at first class (check or money order only made payable to AARP, no cash). $15 for AARP members (membership card must be presented)
RSVL 2154-60 Thursday, March 14, 9 a.m.-1:30 p.m. (Westmoreland-Latrobe)
RSVL 2154-01 Monday, March 18, 9 a.m.-1 p.m.
RSVL 2154-02 Wednesday, April 10, 5-9 p.m.
RSVL 2154-71 Wednesday, April 17, 9 a.m.-2 p.m. (Latrobe Senior Center)
RSVL 2154-90 Monday, May 13, 9 a.m.-1 p.m. (Westmoreland-Murrysville)
RSVL 2154-03 Thursday, May 16, 5-9 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Computers

All computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a PC/Mac.

**Orientation to Coding**
An introductory course to the basics of coding using HTML and CSS, you will write code to develop a simple web application. Must have basic computer experience (save/open files, navigate the internet, etc.). If you find coding to be interesting, you can take your learning to the next step with the Introduction to Coding class. Bring flash drive to class. Janet Powell, $69 tuition, .6 CEUs
DAPX 0892-01 Saturday, March 9, 9 a.m.-3:30 p.m.

**Introduction to Coding**
Whether you want to become a career coder, design your own website, have a great idea for an app that you want to take to market, or simply be able to understand the technology that surrounds you, it would be beneficial to add these technical skills to your resume. In this hands-on class, you will craft web applications using the basics of HTML, CSS and JavaScript. Must have basic computer experience (save/open files, navigate the Internet, etc.); typing experience will be beneficial. Bring flash drive to class. Textbook available at the college bookstore. Janet Powell, $185 tuition + required textbook, 2.1 CEUs
DAPX 0891-01 7 Thursdays starting March 21, 6-9 p.m. (no class April 18)

**NEW - Introduction to Cybersecurity**
This Cisco Networking Academy introductory course explores cyber trends, threats and the broader topic of cybersecurity in a way that will matter to you. Learn how to protect your personal privacy online while gaining additional insight on the challenges companies, governmental and educational institutions face today. Michael Caglia, $185 tuition, 1.5 CEUs
DAPX 1251-01 5 Tuesdays starting March 12, 6-9 p.m.

**Introduction to Game Design**
This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. Take the first step into understanding game design, and how it can be applied in your field. Moses Wolfenstein, Ph.D., $245 tuition, 1.6 CEUs
DAPX 3058-W1 March 4-29 (online)

**NEW - Cybersecurity Basics**
Gain a basic understanding of the field of cybersecurity and why it is necessary today. We'll review past cybersecurity attacks and the potential cost of recovery, along with types of emerging threats, like Ransomware, phishing schemes and identity theft. Following this class, you can take Introduction to Cybersecurity. Michael Caglia, $29 tuition, .2 CEUs
DAPX 1250-01 Tuesday, March 5, 6-8 p.m.

**Introduction to IoT (Ages 16 & over)**
The Internet of Things (IoT) is the concept of connecting and interconnecting devices to collect, share and analyze data. This Cisco Networking Academy course provides an overview of the concepts and challenges of the transformational to IoT economy. It discusses the Internet and its evolution to interconnecting people, processes, data and things that form the Internet of Things. Michael Caglia, $99 tuition, 1.5 CEUs
DAPX 3062-01 5 Mondays starting March 11, 6-9 p.m.

**Computer Basics Using Windows 10**
A beginner course to help you become comfortable with using a personal computer (PC) for personal use or to develop better job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Textbook available at the college bookstore. Bring flash drive to second class. Carol Shoemaker, $89 tuition + required textbook, 1.5 CEUs
DAPX 1041-01 5 Wednesdays starting March 27, 6-9 p.m.

For more information about Computer classes, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

Enroll early! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
COMPUTERS

Computers for
Plus 50 using Windows 10
A beginner class especially for those 50 and better that provides a hands-on, relaxed approach to computer learning for personal use or to develop job-related skills. Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving, file management, creating documents, sending email, browsing the Internet and sharing information between applications and other users. Textbook available at the college bookstore. Bring flash drive to second class. Patricia Roose, $89 tuition + required textbook, 1.5 CEUs  
DAPX 0916-01  5 Wednesdays starting April 3, 9 a.m.-noon

Windows 10
This hands-on course will show you how to navigate the Windows 10 interface; use the Windows apps and desktop applications to complete day-to-day tasks; install new apps and multitask with multiple programs; work with files and folders by using File Explorer and OneDrive; use Cortana as your virtual personal assistant and Edge for web browsing; customize the Windows 10 environment and use the security features. Previous exposure to personal computers and the Internet is needed. Textbook available at the college bookstore. Bring flash drive to class. Patricia Roose, $85 tuition + required textbook, 1.2 CEUs  
DAPX 9116-01  4 Mondays starting March 25, 6-9 p.m.

Windows 10 Boot Camp
This hands-on boot camp will show you how to navigate the new Windows 10 interface; use the Windows apps and desktop applications to complete tasks; install new apps and multi-task with multiple programs; work with files and folders; use Cortana and Edge for web browsing; customize the Windows 10 environment and use the security features. Previous exposure to personal computers and the Internet is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Patricia Roose, $55 tuition + $2 material fee, .6 CEUs  
DAPX 9204-01 Saturday, April 27, 9 a.m.-3:30 p.m.

Word Boot Camp
Become familiar with the essential Word working environment, including the Word Start screen with BackStage View to manage and open your saved documents. Instruction will be provided on using the Word Interface, navigating and entering text using both the keyboard shortcuts, mouse and touch screen, personalizing tabs, ribbons and the quick access toolbar, and using file explorer to locate files stored on your computer or Flash Drive. Create new documents and learn editing techniques that you can use to change text, formats, margins, styles, and insert bullets, numbers or tabs. Save documents in PDF or Word older versions. Windows knowledge is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Patricia Roose, $55 tuition + $2 material fee, .6 CEUs  
DAPX 9226-01 Saturday, April 6, 9 a.m.-3:30 p.m.

Word – Advanced Features
Keep the information in your Word document easy to read using tables, charts or headers and footers. Explore QuickParts to insert preformatted text and reach beyond your desktop to work with documents saved and stored in your OneDrive cloud storage. Inspect a document before sharing, limit others editing, track the editing and formatting changes others have made, create comments and combine or compare separate reviewer’s comments. Work with mass mailing tools to communicate with a large number of people. Windows and Word knowledge is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Patricia Roose, $55 tuition + $2 material fee + required text, .6 CEUs  
DAPX 9117-01 Saturday, April 13, 9 a.m.-3:30 p.m.

Bookstore Hours
For textbook prices and information, visit westmoreland.edu/bookstore.  
Hours are Monday, 8 a.m.-6 p.m. & Tuesday through Friday, 8 a.m.-5 p.m.  
Bookstore will be closed March 13-16, 2019.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
NEW - Building a Website with WordPress
Create a website for yourself or a small business using the WordPress content management system. Learn what WordPress is and how it works. You’ll create up to five pages (home, about, services, blog and contact) and customize them with text and images. You’ll also learn to secure and back up your website and how to update it regularly. You will be required to purchase website hosting and a domain name. Must have computer experience. Rene Morozowich, $69 tuition, .8 CEUs
DAPX 9240-01 4 Tuesdays starting March 19, 6-8 p.m.

Computer Maintenance
Are you frustrated by your PC running too slowly? Does it take forever to load your home or webpages? You don’t need to take it to a repair shop to solve these issues. You can do it yourself by using the various utility tools that come bundled with Windows. In addition to performing maintenance, you need to protect your computer from spam, viruses, and malware. Come and learn what you need to do to keep your PC running smoothly. Carol Shoemaker, $39 tuition + $2 material fee, .6 CEUs
DAPX 0940-01 2 Mondays starting March 25, 6-9 p.m.

Excel 2016, Level 1
You will create worksheets by entering and editing data; manage and navigate worksheets and workbooks; create formulas; use functions; manipulate worksheet data; format worksheet contents; and prepare, set up and print information. Windows knowledge is required. Textbook available at the college bookstore. Bring flash drive to class. $75 tuition + required textbook, 1.2 CEUs
DAPX 1781-01 Richard Martz 4 Wednesdays starting March 6, 6-9 p.m.
DAPX 1781-30 James DeLuca 4 Thursdays starting March 21, 6-9 p.m. (Westmoreland-New Kensington)

Excel 2016, Level 2
Topics covered will include large worksheets and workbooks, tables, outlines, inserting clip art, templates, digital signatures and more. Prerequisite: Excel Level 1 or experienced Excel user. Textbook available at the college bookstore. Richard Martz, $75 tuition + required textbook, 1.2 CEUs
DAPX 1780-01 4 Wednesdays starting April 10, 6-9 p.m.

Excel – Advanced Features
Gain advanced skills by learning more complex functions and formulas to produce more appropriate data, Pivot Tables for analyzing that data and advanced charting for the communication of the data. Must be familiar with common Excel tasks such as navigating a worksheet and workbook, adding and deleting rows, columns and worksheets, creating basic functions and formulas, etc. Grace Sandy, $59 tuition, .6 CEUs
DAPX 1782-01 2 Saturdays starting March 23, 9 a.m.-noon

Excel 2016 Boot Camp
You will create worksheets by entering and editing data; manage and navigate worksheets and workbooks; create formulas; use functions; manipulate worksheet data; format worksheet contents; and prepare, set up and print information. Windows knowledge is required. Textbook available at the college bookstore. Bring flash drive to class. 30-minute lunch on your own. Richard Martz, $55 tuition + required textbook, .6 CEUs
DAPX 1778-01 Saturday, March 9, 9 a.m.-3:30 p.m.

Don’t miss out on class information & updates!
Provide your email address when registering. Addresses will not be shared.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
Some computer classes require you to bring a flash drive to class. Please check descriptions carefully.

Google Apps
Google offers a web-based software suite that allows you to create documents, spreadsheets and presentations and save them in the cloud on Google Drive. The suite allows you to create, edit, save and share documents. This class will instruct you in this technology whether you need to utilize the tools because your child’s school district is using them with their students, you work for a company who uses them for day-to-day operations or you want to access your information from any computer with Internet access. Must have a Gmail account, password to access the account and computer experience. Textbook available at the college bookstore. $95 tuition + required textbook, 1.2 CEUs
DAPX 2307-30 James DeLuca
4 Saturdays starting
March 23, 9 a.m.-noon
(Westmoreland-New Kensington)
DAPX 2307-01 Patricia Roose
4 Tuesdays starting
April 16, 6-9 p.m.

Wireless Security
Secure your home wireless network to minimize the risk of your personal information being stolen. Gaining an understanding of wireless technology and taking steps to lockdown your wireless network will make you less of a target for hackers. Carol Shoemaker, $29 tuition, .3 CEUs
DAPX 8751-01 Monday, March 18,
6-9 p.m.

Introduction to the iPad
Designed for you to get the most out of your new iPad, topics will include hardware; connectivity; apps; productivity; media; syncing and backup; and printing. Your iPad will soon become your trusty companion. Bring your iPad to class as this is a practical, hands-on course where you will participate in exercises for every topic and all points covered. Must have iPad Air or newer version. Alan Laick, $45 tuition, .6 CEUs
DAPX 3075-01 2 Tuesdays starting
April 16, 6-9 p.m.

Introduction to MasterCAM
You will navigate through the MasterCAM basics as you create and run tool paths and test your programs while learning the menu structure and time-saving short cuts. Then you will be ready to move onto the MasterCAM Advanced Course and expand your skills! $330 tuition + $130 material fee, 1.2 CEUs
DAPX 5005-A1 George Slezak
3 Saturdays starting
March 9, 8 a.m.-noon
(Westmoreland-Advanced Technology Center)
DAPX 5005-A2 Steve Slater
4 Tuesdays starting
April 9, 5-8 p.m.
(Westmoreland-Advanced Technology Center)

Advanced MasterCAM
In this course, you will construct MasterCAM plans and programs as you develop modifications and back up procedures to program the CNC machine. $330 tuition +$130 material fee, 1.2 CEUs
DAPX 5006-A1 George Slezak
3 Saturdays starting
March 30, 8 a.m.-noon
(Westmoreland-Advanced Technology Center)
DAPX 5006-A2 Steve Slater
4 Tuesdays starting
May 7, 5-8 p.m.
(Westmoreland-Advanced Technology Center)
Please note that the Senior Citizen Tuition Waiver does not apply to Ed2go classes. No credits nor CEUs are awarded for Ed2go classes.
HEALTH CARE AND EMERGENCY SERVICES

Health Care for Professionals

Nursing CEU Courses
Westmoreland offers both face to face and online classes to satisfy the state licensure requirement. To meet your 30 hour CEU requirements, choose from the courses listed with the ♦ symbol.

Westmoreland partners with Ed2go to offer online courses that satisfy nursing CEU requirements. Six weeks of instruction. 24-hour access. New course sessions begin monthly. For class start dates and to register, go to www.ed2go.com/wcconed. Nursing CEU Credentialing for these online classes are accredited through Allegra Learning Solutions, LLC.

Health Care Certificate Programs

Nurse Aide Program
This program consists of 72 hours of lecture and 56 hours of clinical and provides the skills to function as a nurse aide in a long-term care facility and meets the mandates of the federal government (via OBRA). After successful completion of the program, you will be able to function at the entry level and be eligible to take the Pennsylvania Nurse Aide Certification exam. 12.8 CEUs will be awarded. You must complete a criminal history report and physical exam prior to enrollment. Textbook available at the college bookstore. $759 tuition + $50 material fee + required text
Youngwood: Lecture & Clinical: Mondays & Wednesdays, 5-9:15 p.m., and Saturdays, 8 a.m. - 5 p.m., March 11-May 15
Application deadline: March 4
For more information, go to westmoreland.edu/nurseaide or contact Paula Rendine at 724-925-4082.

Emergency Medical Technician (EMT)
Develop competence in the following skills: patient assessment/management of a trauma patient and a medical patient; cardiac arrest management/AED; bag-valve-mask ventilation of an apneic patient; spinal immobilization (both seated and supine patient); long bone fracture immobilization; joint dislocation immobilization; traction splinting; bleeding control/shock management; upper airway adjuncts and suction; ventilation with supplemental oxygen; and supplemental oxygen administration to a breathing patient. The curriculum follows the new National EMS Education Standards. 16.4 CEUs. Must be 16 years old to register and be able to pass background check – requirements explained first night of class. During the program, you will be required to complete ten (10) patient contacts with a preceptor (ambulance service), additional background clearances/medical exam may be required (explained first night of class). Upon successful completion of this class, and ICS 100 and NIMS 700 (both online completion) and (included in class), you will be eligible to take the state certification exam and the National Registry Exam. (Registry exam fees not included). Textbook available at the college bookstore (review of textbook prior to class is recommended). Stephen Zimmerman, $680 tuition + $30 lab fee + required textbook. 16.4 CEUs 
MEDX 1880-78 Tuesdays & Thursdays, 6-10 p.m. and some Saturdays, 8 a.m.-5 p.m., March 5 through June 25 (Westmoreland-Public Safety Training Center)

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
American Heart Association (AHA) Courses
The AHA has purposefully developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbook prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Textbooks available at the College bookstore.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) & Pediatric Advanced Life Support (PALS)
Full Course and Renewal
1. Complete the Precourse Preparation Checklist and review the course agenda found in the Provider Manual and bring with you to class. (ACLS and PALS)
2. Review and understand information in the Provider Manual. Pay attention to the cases in Part 5. (ACLS)
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. (PALS)
4. A current Basic Life Support for Health Care Providers CPR card must be presented for admittance to class. (ACLS and PALS)
5. Complete Precourse Self-Assessment. Access found inside provider manual, bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. (ACLS and PALS)
6. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. (PALS)
7. A current ACLS or PALS completion card is required for admittance in a renewal class. (ACLS and PALS)

Advanced Cardiac Life Support (ACLS)
Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See precourse requirements for more information. $97 tuition + $13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.
MEDX 0085-01 Wednesday, January 23, 8 a.m.-4:30 p.m., & Thursday, January 24, 8 a.m.-1 p.m.
MEDX 0085-02 Wednesday, March 6, 8 a.m.-4:30 p.m., & Thursday, March 7, 8 a.m.-1 p.m.
MEDX 0085-03 Wednesday, May 1, 8 a.m.-4:30 p.m., & Thursday, May 2, 8 a.m.-1 p.m.

For more information about classes for Health Care Professionals, contact Paula Rendine, coordinator/Continuing Education, at 1.800.262.2103, ext. 4082 or rendinep@westmoreland.edu.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
Basic Life Support for Health Care Providers (BLS/HCP) – Renewal
Renew your basic life support for health care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Health Care Providers CPR card is required for admittance. Written exam and skills evaluation required. Textbook available at the college bookstore. $35 tuition + $11 material fee + required text (review of textbook prior to class is required). .35 CEUs
MEDX 1106-01 Wednesday, January 16, 6-9:30 p.m.
MEDX 1106-02 Monday, March 18, 6-9:30 p.m.
MEDX 1106-03 Saturday, April 27, 9 a.m.-12:30 p.m.
MEDX 1106-04 Tuesday, May 21, 6-9:30 p.m.

Heartsaver CPR AED
Adult & Child & Infant CPR
Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA’s research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students’ learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. $29 tuition + $25 material fee + required text (review of textbook prior to class is required). .45 CEUs
MEDX 1014-01 Monday, March 25, 5-9:30 p.m.
MEDX 1014-02 Wednesday, April 10, 5-9:30 p.m.

ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.
HEALTH CARE AND EMERGENCY SERVICES

Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR
The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. Textbook available at the college bookstore. $49 tuition + $25 material fee + required text (review of textbook prior to class is required), .8 CEUs
MEDX 3029-01 Saturday, May 4, 9 a.m.-5 p.m.

Advanced Bleeding Control
You will learn how to control severe external bleeding, including the use of direct pressure, commercial pressure bandages, tourniquets and packed dressings. Some wound packing simulators use simulated blood that may stain clothing, please dress appropriately. Upon successful completion of the course, the Advanced Bleeding Control two-year certificate from the American Safety and Health Institute will be issued. Registration ends one week prior to class. An email address must be provided upon registration and course information will be sent by email. Material fee includes access to digital book and certification card. Richard Hampton, $25 tuition + $7 material fee, .3 CEUs
MEDX 0508-01 Saturday, April 6, 9 a.m.-noon

BOOKSTORE HOURS
For textbook prices and information, visit westmoreland.edu/bookstore. Hours are Monday, 8 a.m.-6 p.m. & Tuesday through Friday, 8 a.m.-5 p.m. Bookstore will be closed March 13-16, 2019.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.

Unless otherwise noted, classes are for ages 18 and older.
Established in 1979, the Westmoreland County Community College Municipal Police Officers’ Training Academy has graduated nearly 800 cadets who now serve and protect their communities at the local, county, state and federal levels.

Features of the Westmoreland Police Academy include:

- Part-time class begins in January
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland’s Criminal Justice Program, which can then be transferred to a four-year university.

Go to www.westmoreland.edu/policeacademy for further information regarding Westmoreland’s Municipal Police Officers’ Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or newillf@westmoreland.edu.

ACT 180 – M.P.O.E.T.C. Mandated 2019 Municipal Police Officers’ In-Service Classes

For complete descriptions and schedule of 2019 classes, go to westmoreland.edu/act180.

If you have questions, contact Franklin Newill at 724.925.4298 or newillf@westmoreland.edu.

A class schedule for firefighters can be found at westmoreland.edu/classes. The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or jacksonmarc@westmoreland.edu.
Parental Guidelines for College for Kids

- Print a Continuing Education Emergency Contact form at westmoreland.edu/ceform, complete & bring to class (Forms also available in the classroom.)
- Accompany your child to the classroom
- Come to the classroom at dismissal each day
- Be prompt in dropping off & picking up your child
- Open-toed shoes, sleeveless tops, shorts & capris are not permitted in the foods lab. Children should wear non-skid shoes & bring an apron.

NEW - Mission: Escape Room
(Ages 12-16)
Escape games are the newest form of immersion entertainment. Come and learn about puzzle making, escape game themes and teamwork while designing a game with new friends. Teams will play each other’s games! Can you escape in time? Corry Vargo, $15 tuition
PRDK 1470-96 Wednesday, April 10, 6-9 p.m.

Programming with Scratch
(Ages 8-11)
Using Scratch, a drag and drop programming interface, your child will be introduced to programming. Students will create a variety of interactive programs that introduce the idea of events, collisions and conditions. They will create a variety of games and interactive programs to demonstrate their new knowledge. Bring a snack, drink and flash drive to class. Jennifer da Conceicao, $45 tuition
DAPK 6126-96 2 Saturdays starting March 30, 9 a.m.-12:30 p.m.

NEW - Programming with Arduino Microcontrollers (Ages 10-14)
Children will get hands-on experience in circuitry and coding using an Arduino microcontroller. After wiring circuits, they will program their controllers to perform physical tasks such as turning lights on, creating sounds and moving motors. They will have the opportunity to write real C/ C++ based code to control the Arduino. The children will keep the Arduino kits. Bring a snack, drink and flash drive to class. Registration ends April 11. Jennifer da Conceicaco, $69 tuition + $50 material fee
DAPK 6124-96 2 Saturdays starting April 27, 9 a.m.-12:30 p.m.

Children’s Cooking Classes

Everybody Loves Chocolate!
(Ages 9-13)
We’ll prepare a variety of dishes using this delicious ingredient including chocolate chip brownies and chocolate fondue. Bring a snack and drink. It is recommended you also bring an apron. Dianne Palmieri, $29 tuition + $12 material fee
FODK 0922-96 Saturday, April 13, 10 a.m.-2 p.m.

Breakfast, Anyone? (Ages 9-13)
Join us and learn how to make delicious buttermilk pancakes from scratch along with a simple, but tasty, blueberry muffin recipe. Your child will also learn how to make a yummy egg and sausage bake. Bring a snack and drink. It is recommended you also bring an apron. Dianne Palmieri, $29 tuition + $10 material fee
FODK 0902-96 Saturday, March 23, 10 a.m.-2 p.m.

NEW - Pie Time! (Ages 9-13)
Join us for this fun hands-on class and learn the basis of how to make delicious pie dough from scratch as you prepare your own homemade delicious pie to share with your family and friends. Bring a snack and drink. It is recommended you also bring an apron. Dianne Palmieri, $29 tuition + $10 material fee
FODK 6662-96 Saturday, May 11, 10 a.m.-2 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204.
Parental Guidelines for Camps

• Print a Continuing Education Emergency Contact form at westmoreland.edu/ceform, complete & bring to class (Forms also available in the classroom)
• Accompany your child to the classroom
• Come to the classroom at dismissal each day
• Be prompt in dropping off & picking up your child
• Send a snack and drink each day
• Guests are invited to attend the final day. Details will be provided the first day of camp.

Career Education & Exploration Camps 7th-12th Graders

Explore careers through hands-on activities and demonstrations. The camps are held in college classrooms and labs. It’s your opportunity to experience college life and a potential career while learning new skills and having fun!

Camps the Week of June 10

Design a Dream Home
Design your dream home using Autodesk REVIT, a Computer Aided Drafting and Design (CADD) software. You will begin with simple sketches that will be developed into a three-dimensional model. Your design will include furniture, appliances, bathroom fixtures and outside landscaping. The completed model can be converted to working drawings for construction. You will take home a 3D picture of your creation. Wear long-pants and closed-toed shoes.
Douglas Gengler, $85 tuition + $14 material fee
SCHX 1352-A1 Monday through Friday, June 10-14, 8:30 a.m.-12:30 p.m.
(Westmoreland-Advanced Technology Center)

Solar Dragster Construction
Construct a solar dragster and watch it move as the solar cells turn light energy into electrical energy. You will assemble, wire, solder and test your solar dragster. The assembly pack includes a motor, 200mA solar cells, wheels, axles, axle holders, washers, gear set and a wooden base. A friendly race will be held on the final day. All materials will be provided. You will keep your dragster. Wear long pants and closed-toed shoes.
Frank Lombardo, $85 tuition + $19 material fee
SCHX 7815-A1 Monday through Friday, June 10-14, 8:30 a.m.-12:30 p.m.
(Westmoreland-Advanced Technology Center)

Health Professions CIO
Explore the health care careers (nursing, medical assisting, phlebotomy, dental, radiology, sonography and health care management) offered at Westmoreland. You will experience a few specific aspects of each career through hands-on activities and learn about the job duties and educational requirements for the different careers. Latex products will be used.
Registration ends May 24. Pamela Dzialowski, RN, BSN; Cheryl Miller, MBA/HCM; Angela Rinchuse, RDH, M.Ed.; Susan Scheible, MBA, RT®; Sue Snyder, MSN, RN; Amy Voytek, MBA/MHA, MT,CT; Lynne Walker, BA, RDMS, RVT, RT; $45 tuition + $32 material fee
SCHX 3043-01 Tuesday, Wednesday & Thursday, June 11-13, 9 a.m.-noon

Spanish Language & Culture
You will be introduced to conversational Spanish while learning about the culture in South America with an emphasis on Peru. Grammar and pronunciation will be practiced through activities, games and conversation. The similarities and differences between North and South America in the areas of dress, music, food and entertainment will be discussed. The use of TV commercials, short videos and movies, including internet source material, in Spanish will be used as reference. It is recommended you have some experience with the Spanish language. The instructor was born and raised in Peru. Isabel Valenzuela, $45 tuition + $10 material fee
SCHX 7904-01 Tuesday, Wednesday & Thursday, June 11-13, 9 a.m.-noon

Scholarships Available.
Visit westmoreland.edu/campscholarship for more information or to apply.
SUMMER CAMPS

No Fork or Spoon Needed
Join us to make some of your favorite finger foods from a professional chef. Each day you will explore different types of foods, none of which need to be eaten with a plate, fork, spoon, or knife. Just grab it and eat it. You will be preparing foods such as Breaded Chicken Fingers with Tangy BBQ Sauce, Strawberries and Pretzel Sticks Dipped in Chocolate Sauce, Sugary Pie Dough Cinnamon Twists, Individual Pan Pizzas, Grilled 4-Cheese Melt Fingers with Tomato Soup Dip, and many more. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Wear non-skid shoes and bring an apron. Chef Scott Schmucker, Ed.D., CEC, CCE, $45 tuition + $57 material fee
SCHX 5730-01 Tuesday, Wednesday & Thursday, June 11-13, 9 a.m.-noon

Women in Comics
Interested in the worlds of Black Widow, Ms. Marvel, Harley Quinn and…Hawkeye? You will explore comic books and comic book films to take a look at the role of women and men in order to discuss and discover problems within the comic industry occurring in our recent history and today. Registration ends June 3. Samantha Vertosick, $45 tuition + $17 material fee
SCHX 9020-01 Tuesday, Wednesday & Thursday, June 11-13, 1-4 p.m.

Camps the Week of June 17

3D Printing Concepts and Design
Experience 3D printing technology. You will learn the fundamentals, capabilities and mechanics of 3D printing, and then design and print your own product. All materials provided. Wear long pants and closed-toed shoes. Joshua Kim, $45 tuition + $25 material fee
SCHX 5905-A1 Tuesday, Wednesday & Thursday, June 18-20, 1-4 p.m.
(Westmoreland-Advanced Technology Center)

NEW - Take the Terror out of Talking
You can reduce the fear and become more comfortable talking in groups and giving presentations by learning some fundamentals of public speaking. The camp will focus on delivery skills that, with practice, will provide you with the ability to communicate in groups with confidence. Good communication skills are critical for success. Registration ends June 6. Paulette Harvey, Distinguished Toastmaster, $45 tuition + $12 material fee
SCHX 7699-01 Tuesday, Wednesday & Thursday, June 18-20, 1-4 p.m.

Exploring Business
Using a strategic decision-making approach, you will learn about the management, marketing, finance, accounting and human resource functions of a business. You will participate in a computer-based simulation competing as part of a team against your classmates. The camp will take place in the college’s Applied Business Lab. Andrew Colosimo, MBA, $45 tuition + $7 material fee
SCHX 1950-01 Tuesday, Wednesday & Thursday, June 18-20, 1-4 p.m.

NEW - Mixed Media Art
Explore various materials and techniques to create visually interesting and dynamic mixed media art. You will be using materials such as watercolors, acrylic paint, charcoal, ink, graphite, colored pencils and found/repurposed objects. Techniques may include painting, life drawing, collage, printmaking and other free experimentation. Bring sketchbook and pencils. Registration ends June 11. Samantha Lantz, MFA, $45 tuition + $15 material fee
SCHX 5589-01 Tuesday, Wednesday & Thursday, June 18-20, 1-4 p.m.

NEW - Design & Build Your Own Webpage
Design and build your own webpage using HTML and CSS. You will select a topic, write content, sketch a layout on paper, gather images, then build the page you designed. If time permits, you will make your page interactive using JavaScript. No prior coding experience needed. Bring flash drive. Rene Morozowich, $45 tuition + $10 material fee
SCHX 8950-01 Tuesday, Wednesday & Thursday, June 18-20, 9 a.m.-noon

NEW - Mixed Media Art
Explore various materials and techniques to create visually interesting and dynamic mixed media art. You will be using materials such as watercolors, acrylic paint, charcoal, ink, graphite, colored pencils and found/repurposed objects. Techniques may include painting, life drawing, collage, printmaking and other free experimentation. Bring sketchbook and pencils. Registration ends June 11. Samantha Lantz, MFA, $45 tuition + $15 material fee
SCHX 5589-01 Tuesday, Wednesday & Thursday, June 18-20, 1-4 p.m.

NEW - Design & Build Your Own Webpage
Design and build your own webpage using HTML and CSS. You will select a topic, write content, sketch a layout on paper, gather images, then build the page you designed. If time permits, you will make your page interactive using JavaScript. No prior coding experience needed. Bring flash drive. Rene Morozowich, $45 tuition + $10 material fee
SCHX 8950-01 Tuesday, Wednesday & Thursday, June 18-20, 9 a.m.-noon

Camps will be held at the Youngwood Campus unless stated otherwise.
SUMMER CAMPS

Camps the Week of June 24

Metal Fabrication Design
Become familiar with the operation of a plasma torch, water-jet machine, grinder, sandblaster and a TIG welder, and be exposed to metal fabrication techniques. You will be fabricating several objects. One object will be a small model car constructed of steel or aluminum. With supervision, you will have the opportunity to TIG weld the pieces of the car together. You may elect to polish or paint the car. You will keep the objects you fabricate. All materials will be provided. Wear long pants and closed-toed shoes. $85 tuition + $19 material fee
SCHX 5561-A1 Monday through Friday, June 24-28, 8:30 a.m.-12:30 p.m.
(Westmoreland-Advanced Technology Center)

NEW - Amazing Pictures
Gain an understanding of how your camera operates, how to use its functions, and the importance of composition, lighting and posing concepts, along with how to use the exposure triangle to create the perfect image. You will also be introduced to post-processing in Adobe Lightroom and Photoshop. Homework each day will be printing your photos. Bring any camera (DLSR preferred) and memory card. Jillian Kon, $45 tuition + $10 material fee
SCHX 6105-01 Tuesday, Wednesday & Thursday, June 25-27, 9 a.m.-noon

NEW - Bake Across America
Learn how to make regional northeast goodies like Boston Cream Pie and authentic New York Bagels, then travel south for some old-fashioned Georgia Peach Cobbler. Head west for California Pizza and Washington Apple Pie. All of these items and more await, so grab a map and your favorite road trip partner, and join us as we bake (and eat!) our way around the United States! Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Wear non-skid shoes and bring an apron. Chef Heidi Pearce-Smith, CWPC, $45 tuition + $42 material fee
SCHX 0249-01 Tuesday, Wednesday & Thursday, June 25-27, 9 a.m.-noon

The World of Harry Potter
Come explore the world of Harry Potter in a week-long camp. In this course, we will not only watch select Potter films, but also study its fantastic beasts, magical locations, and wizarding world politics. If you are seeking a group to truly talk Potter with, look no further! Samantha Vertosick, $45 tuition + $7 material fee
SCHX 8999-01 Tuesday, Wednesday & Thursday, June 25-27, 9 a.m.-noon

NEW - Cybersecurity
Through hands-on activities, you’ll explore online tools used by cybersecurity professionals. You’ll learn about cybersecurity threats happening every day, cyber ethics and how to apply practical principles to keep yourself safe online. There are many career opportunities in this exciting new field. Find out what skills you need to be a White Hat Hacker. Michael Caglia, $45 tuition + $10 material fee
SCHX 1056-01 Tuesday, Wednesday & Thursday, June 25-27, 9 a.m.-noon

Inspiring Leadership
This camp will focus on how any student can be a leader regardless of age or experience. Through discussion, hands-on projects, self-discovery activities and guest speakers, you will learn the habits common to extraordinary leaders and how to apply them to yourself. Andrew Colosimo, MBA, $45 tuition + $7 material fee
SCHX 3118-01 Tuesday, Wednesday & Thursday, June 25-27, 1-4 p.m.

For more information about Summer Camps, contact Sylvia Detar, director/Continuing Education, 1.800.262.2103, ext. 4190 or detars@westmoreland.edu.

REGISTER EARLY! CAMPS HAVE LIMITED SPACE!
SUMMER CAMPS

ONE-DAY SCIENCE CAMPS

Science camps will be held in our new Science Innovation Center unless otherwise noted.

Lab Safety Rules & Regulations

- No food or drink is permitted in the labs. (Students should bring snacks and lunch, which will be consumed outside the labs.)
- Students MUST wear closed-toed shoes with non-slip soles. (No sandals, flip-flops, etc.)
- Students MUST NOT wear loose-fitting clothing. (Big, floppy sleeves or pants could cause accidents.)
- Students MUST secure long hair. (No one wants their hair or clothes to come into contact with fire, dangerous chemicals, machines, etc. Also, hair in one’s eyes could impair vision and cause accidents.)

In some labs, students may be required to wear:
- goggles (loaners provided)
- lab coats or aprons (loaners provided)
- gloves (provided)

STEM Exploration & Experimentation (Ages 14-18)

College professors will guide you through experiments in biology labs, chemistry labs and physics labs. The experiments will give you insight into concepts and lab techniques in different STEM areas. In addition, you will be able to talk with professors about preparation and expectations in the many STEM fields and careers. Bring morning and afternoon snack, along with bag lunch and drink. Greg Barton, MS, JD; James Cordle, MS; Sharon Hipple, MS; Autumn Maloy, MS; Frank Stasa, Ph.D.; $35 tuition + $10 material fee
SCHX 7908-01 Friday, June 7, 9 a.m.-3:30 p.m.

Biology Exploration & Experimentation (Ages 11-16)

College professors will guide you through experiments in biology labs covering genetics, microbiology, anatomy and physiology, biochemistry and ecology. You will be introduced to careers in the field of biology. Bring morning and afternoon snack, along with bag lunch and drink. Shelley Berg, MS; Susanne Kalup, MAT; Autumn Maloy, MS; Rick Oliver, MS; $35 tuition + $10 material fee
SCHX 0515-01 Friday, June 14, 9 a.m.-3:30 p.m.

Physics & Engineering Exploration & Experimentation (Ages 13-17)

College professors will guide you through experiments and activities in physics and engineering such as speed of sound, resonance, gas laws, circuits, magnetic fields, CAD drawings and simulations. You will be introduced to careers in the fields of physics and engineering. Bring morning and afternoon snack, along with bag lunch and drink. James Cordle, MS; Frank Stasa, Ph.D.; $35 tuition + $10 material fee
SCHX 6649-A1 Friday, June 21, 9 a.m.-3:30 p.m.
(Westmoreland-Advanced Technology Center)

Chemistry Exploration & Experimentation (Ages 12-17)

College professors will guide you through experiments in chemistry labs such as chromatography, polymer chemistry, emission spectra and 4th of July chemistry and absorption spectrometry in characterizing unknown samples. You will be introduced to careers in the field of chemistry. Bring morning and afternoon snack, along with bag lunch and drink. Greg Barton, JD; Sharon Hipple, MS; $35 tuition + $10 material fee
SCHX 0925-01 Friday, June 28, 9 a.m.-3:30 p.m.

Don’t miss out on class information & updates!
Provide your email address when registering.
Addresses will not be shared.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204 or visit westmoreland.edu/campreg.
SUMMER CAMPS

Sports Camps

Baseball Camp (Ages 7-12)
Camp will focus on the proper throwing, catching and hitting techniques, along with basic running skills. Skill sets are focused on in the morning with game play in the afternoon. Lunch provided. Campers need to bring glove, hat, bat and water bottle. Sunscreen is recommended. Campers will receive a T-shirt and special camp awards will be presented.
Mike Draghi, $120 tuition + $40 material fee
PHSX 0482-01 Monday through Friday, June 17-21, 9 a.m.-3 p.m.

Personal Fitness Camp (Ages 9-15)
Campers will gain experience that includes, but not limited to, the following: components of physical fitness, introduction into weight training, flexibility, agility, safety practices, technology, assessment of health-related fitness, health problems associated with inadequate fitness levels, benefits derived from participation in physical activity along with understanding nutrition-healthy eating. Campers should wear sneakers and workout gear. Bring a water bottle and snack. Rob Rubal, Certified Athletic trainer at Westmoreland, $85 tuition
PHSX 6499-01 Monday through Friday, June 17-21, 8:30 a.m.-12:30 p.m.

Volleyball Camp - Advanced (Ages 12-16)
Camp will focus on in-depth passing and hitting techniques, proper foot work, offensive and defensive strategies, along with game play. Skill sets are focused on in the morning with game play in the afternoon. Campers need to bring knee pads and water bottle. Lunch provided. Campers will receive a T-shirt and special camp awards will be presented. Mary Ellen Ferragonio, $120 tuition + $40 material fee
PHSX 8455-01 Monday through Friday, June 24-28, 9 a.m.-3 p.m.

Girls Basketball Camp (Ages 8-14)
Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Skill sets are focused on in the morning with game play in the afternoon. Campers need to wear sneakers and bring a water bottle. Lunch provided. Campers will receive a T-shirt and special camp awards will be presented. James Brymn, $120 tuition + $40 material fee
PHSX 0485-10 Monday through Friday, July 8-12, 9 a.m.-3 p.m.

Boys/Girls Soccer Camp (Ages 8-15)
Camp will focus on the fundamentals of proper foot skills, passing, throwing, trapping, defending, attacking, shooting, positioning and restart/free kick, along with game simulation. Campers need to bring shin guards, sunscreen and a water bottle. Lunch provided. Campers will receive a T-shirt and special camp awards will be presented. $120 tuition + $40 material fee
PHSX 5365-10 Monday through Friday, July 15-19, 9 a.m.-3 p.m.

Boys Basketball Camp (Ages 8-14)
Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Skill sets are focused on in the morning with game play in the afternoon. Campers need to wear sneakers and bring a water bottle. Lunch provided. Campers will receive a T-shirt and special camp awards will be presented. TJ Johnson, $120 tuition + $40 material fee
PHSX 0484-10 Monday through Friday, July 22-26, 9 a.m.-3 p.m.

REGISTER EARLY! CAMPS HAVE LIMITED SPACE!
SUMMER CAMPS

Sports Clinics

Boys/Girls Cross Country Clinic
(Ages 8-15)
This clinic will focus on the elements of proper cross country stride and posture in developing the proper foundation to train and compete with the dynamics of cross country. Campers need to bring sunscreen and a water bottle. Patrick Comer, $45 tuition
PHSX 0651-01 Monday through Friday, June 17-21, 7:30-9:30 a.m.

Basketball Shooting Clinic (Ages 9-15)
Learn the fundamentals of proper set-up, proper ball position in hand, proper ball spin and proper body set-up. They will participate in short game sequences to further develop shooting skill sets. Bring snack and drink. James Brymn, $49 tuition
PHSX 0515-01 Tuesday, Wednesday & Thursday, June 18-20, 8:30 a.m.-12:30 p.m.

Child Care Available.
Child care is available before and after camps through the Campus Children’s Center. For more information, contact Diane Hendrick at 724.925.4156.

Baseball Hitting Clinic (Ages 9-15)
Learn the fundamentals of proper grip, stance and swing path, as well as the mental aspect and thought processes of how to approach hitting. Bring glove, bat, hat, water and snack. Mike Draghi, $49 tuition
PHSX 0510-01 Tuesday, Wednesday & Thursday, June 25-27, 8:30 a.m.-12:30 p.m.

Softball Fielding/Hitting Clinic
(Ages 9-15)
Learn the fundamentals of proper grip, stance and swing path, along with the proper foot work and arm mechanics with infield and outfield play. Bring glove, bat, hat, water and snack. Cory Shay, $49 tuition
PHSX 7782-10 Tuesday, Wednesday & Thursday, July 9-11, 8:30 a.m.-12:30 p.m.

To register, call 724.925.4204 or 1.800.262.2103, ext. 4204 or visit westmoreland.edu/campreg.
Tuition
Payment may be made by check and MasterCard, VISA or Discover credit cards.

Refund Policy
All refunds are calculated from the official starting date of the course. The number of days or weeks to determine refunds is calculated by counting the actual days from the starting date of the course and not by counting the course meeting dates.

All refund checks will be mailed to students and not be held for pick up.

For courses meeting one week or less:
If you officially drop before the course starts, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after this date.

For courses two weeks through four weeks:
If you officially drop through the first three days of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after this date.

For courses five weeks through nine weeks:
If you officially drop through the first week of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after the first week of the course.

For courses of 10 weeks through 19 weeks:
If you officially drop through the second week of the course, you may be eligible to receive a 100% refund of tuition and fees. There are no refunds after the second week of the course.

For courses 20 weeks through 29 weeks:
If you officially drop through the second week of the course, you may be eligible to receive a 100% refund of tuition and fees. If you officially drop during the third or fourth week of the course, you may be eligible to receive a 60% refund of tuition. There are no refunds after the fourth week of the course.

For courses 30 weeks or longer:
If you officially drop through the third week of the course, you may be eligible to receive a 100% refund of tuition and fees. If you officially drop during the fourth, fifth or sixth week of the course, you may be eligible to receive a 60% refund of tuition. There are no refunds after the sixth week of the course.

Tuition Reduction for Older Adults
If you are a Pennsylvania resident age 60 or older, you may be eligible for a 50 percent reduction in tuition when you enroll in continuing education classes. Enrollment with a tuition reduction is contingent upon space availability in the class. This reduction applies only to tuition charges and not to textbooks, equipment/supplies, or any fees. To enroll, call the Registration Center.

Class Cancellation
Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

Purchasing Textbooks
The Youngwood Campus Bookstore normal hours of operation are 8 a.m.-6 p.m., Monday and 8 a.m.-5 p.m., Tuesday through Friday. See our website - westmoreland.edu - for extended hours of operation before and during the start of the semester. Textbooks should be purchased at the main campus in Youngwood. If you are unable to travel to the main campus, call the bookstore at 724.925.4174 or 1.800.262.2103, ext. 4174 for other options. Most textbooks are available at least two weeks before the beginning of each semester. Specific information concerning your textbooks and a booklist can be obtained by calling your campus bookstore.
There are hundreds of immediate openings for line and prep cooks in professional kitchens. Enroll in this program and gain the skills needed for entry-level positions in the culinary field. Learn from professional chefs who are faculty in Westmoreland’s School of Culinary Arts and Hospitality and industry professionals.

Topics:

- Basic kitchen vocabulary & ingredients
- Knife skills & safety
- Basic preparation
- Recipe reading & conversion
- Sauces
- Sanitation
- Job Search Preparation
- ServSafe Certification Testing

Earn two college credits that can be applied toward Westmoreland’s credit Culinary Arts program which can then be transferred to a four-year university.

Cost includes a chef’s coat, apron and hat; chef’s knife and paring knife; and a ServSafe book with answer sheet.

Registration deadline: February 26, 2019
Cost: $299 tuition + $265 material fee
Course code: FODX 1220-01
Days/times: Tuesday through Friday, 4:30-9:30 p.m.
beginning March 5 & ending March 20

For more information, contact Sylvia Detar, director/Continuing Education, at detars@westmoreland.edu or 724.925.4190.
Westmoreland Summer Camps

Career Education & Exploration
Camps for 7th-12th Graders
- Design a Dream Home
- Cybersecurity
- 3D Printing Concepts & Design
- Design & Build Your Own Webpage

One-day Science Camps for Ages 11-18
- Biology
- Chemistry
- Physics & Engineering
- Science, Technology, Engineering & Math

Sports Camps for Ages 7-16
- Baseball
- Basketball
- Cross Country
- Softball
- Volleyball

See page 40 for details.