

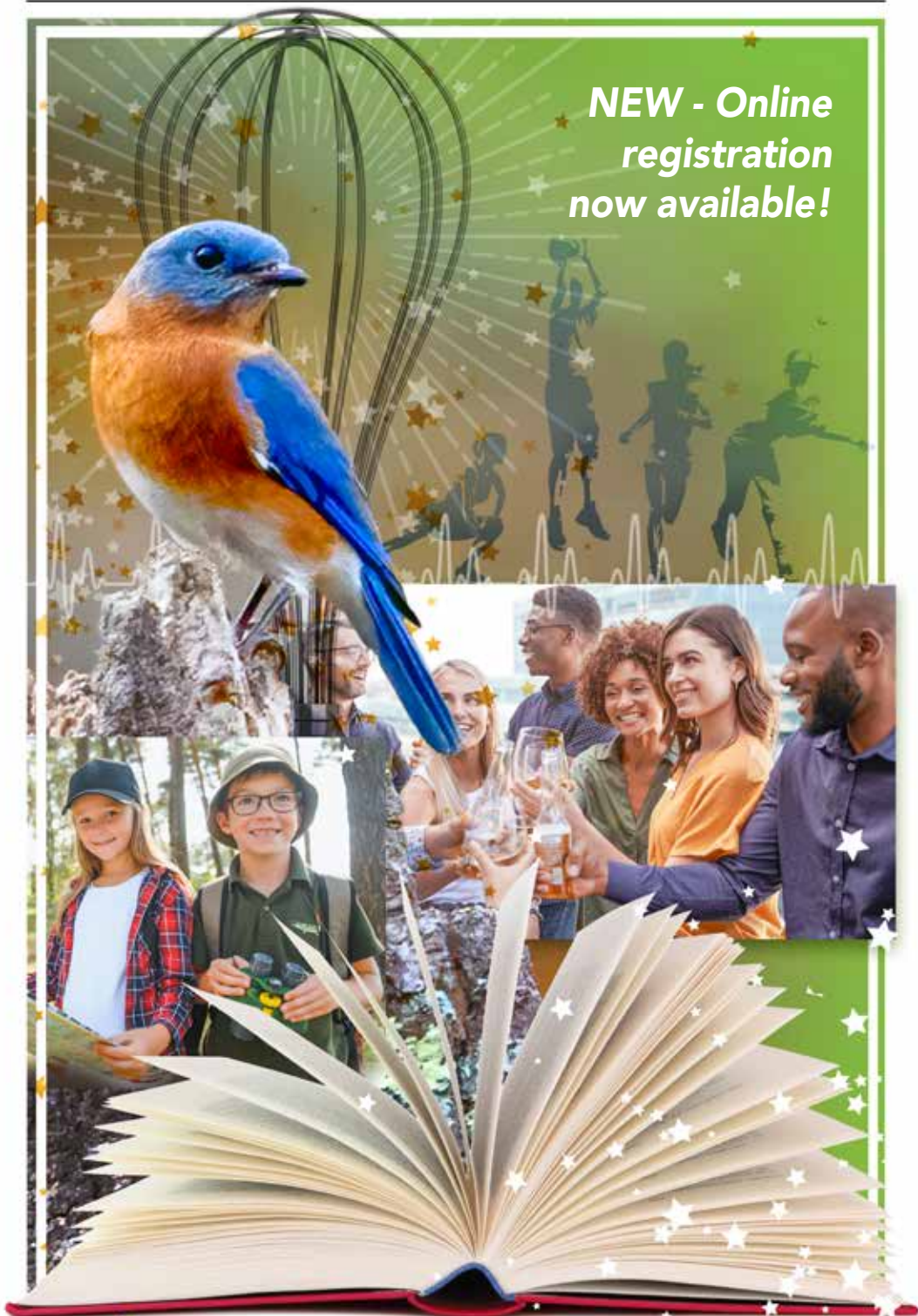


# CONTINUING EDUCATION

Summer 2023

June - August

**NEW - Online  
registration  
now available!**



## **Westmoreland Friends,**

We are excited to offer new classes this summer! Look for NEW in front of the course titles to see what they are. There are a variety of courses ranging from business & professional development to health & fitness, to personal enrichment so you are sure to find something interesting.

If there are classes you would like to take that are not offered, we want to hear from you. We are always looking for new class ideas to offer to the community. Classes are offered in several formats: in-person, online and remote using Zoom. You choose the format that suits you the best.

Take a class with a friend or come and make new friends. Register early as the popular classes fill up quickly and decisions to run a class or not are made about a week before the class start date. A class may need just one more registration for it to run.

### **Online Registration**

We are happy to provide you with online registration that is available 24/7. You now have the opportunity to register and pay for your classes at your convenience. Class formats are subject to change and new classes may be added. Please check the college website at [westmoreland.edu/coned](http://westmoreland.edu/coned) for updates. Also, monitor your email for class changes and cancellations.

Should circumstances change regarding CDC guidelines for Covid, please refer to our Operating Plan at [westmoreland.edu](http://westmoreland.edu). It can be found under the Resources tab at the top of the web page.

**For more information, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

Don't delay taking a class that interests you. If a class does not run for several semesters due to low enrollment, the class will stop being offered. Register today!

Thank you for considering classes at Westmoreland County Community College.

Regards,

Dr. Sydney Beeler  
Vice President/Enrollment Management



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

# TABLE OF CONTENTS

<b>BUSINESS &amp; PROFESSIONAL DEVELOPMENT</b> .....	page 4
<b>PERSONAL ENRICHMENT</b>	
Arts, Languages & Writing .....	page 8
Health & Wellness .....	page 10
Food .....	page 12
Fun with Friends .....	page 13
Finance .....	page 13
Law & Money .....	page 15
Personal Interest .....	page 17
<b>COMPUTERS</b> .....	page 23
<b>HEALTH CARE &amp; EMERGENCY SERVICES</b>	
Nurse Aide .....	page 26
EMT .....	page 26
American Heart Association Courses .....	page 26
<b>PUBLIC SAFETY</b>	
Law Enforcement .....	page 30
Firefighter .....	page 30
<b>KIDS &amp; YOUTH</b>	
Intergenerational Classes .....	page 32
Summer Camps .....	page 33
Sports Camps .....	page 36
Sports Clinics .....	page 37
<b>REGISTRATION &amp; INFORMATION</b>	
How to Register .....	page 38
Refund Policy .....	page 38

## Continuing Education Units (CEUs)

Continuing Education Units (CEUs) are awarded to a student at the rate of 1 CEU for every 10 hours of contact. The CEU is a nationally recognized unit of measure to record an individual's continuing education. CEUs do not correlate to college credit classes.

The college maintains student records of CEU accomplishments and copies are available through the Records Department.

**Nondiscrimination Policy:** Westmoreland County Community College does not discriminate in its educational programs, activities, or employment practices based on race, color, national origin, sex, sexual orientation, disability, age, religion, ancestry, gender identity or expression, veteran status, union membership, or any other legally protected classification protected by state or federal law or the proper exercise by an Association member of their rights guaranteed by the Pennsylvania Public Employer Relations Act Number 195.

Announcement of this policy is in accordance with state law including the Pennsylvania Human Relations Act and with federal law, including Titles VI and VII of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1972, Sections 503 and 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, and the Americans with Disabilities Act of 1990.

Inquiries should be directed to the Affirmative Action Officer/Director of Human Resources, at 724-925-4143.

# BUSINESS & PROFESSIONAL DEVELOPMENT



## Remote Working and Communicating

Gain new insights, experiences and advanced tips for working from home. Find out the 5 bad habits too many remote workers and their managers acquire from lack of experience, tools and expertise. Then acquire the latest strategies for communicating with remote workers. Come away with a deeper understanding of this enormous cultural and work shift going on in the workplace and in society. William Draves, \$245 tuition

June 6-July 1

## Managing Remote Workers

You cannot manage remote workers like you manage office workers. But you can manage remote workers better, with greater productivity and efficiency. Discover the keys to successful managing in the new workplace of the 21st century. Get a step-by-step practical guide you won't get anywhere else. Employees and employers both like the new system. You'll want to apply these practices to your office workers as well. William Draves, \$245 tuition

July 5-29

## Managing Remote Workers Certificate - Register for the Certificate and Save Money

Discover the keys to communicating with and managing remote workers, one of the fastest growing sectors of the workforce. Some 80% of employers are keeping some or many of their employees working from home part of the week. People working from home are 25% more productive than those who work in an office. Working from home is here to stay. Tap into the experience of a CEO who has been managing remote workers for 22 years. When you register for the certificate, you are registering for two one-month courses at a reduced rate. You do not have to take both courses in the same semester, and they can be taken in any order. \$395 tuition

**For more information about Business & Professional Development classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**



Denotes ONLINE Class

# NEW

Online registration and payment now available 24/7!

Go to [westmoreland.edu/coned](http://westmoreland.edu/coned)

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# BUSINESS & PROFESSIONAL DEVELOPMENT

## Introduction to Project Management

Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancellation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. You will have the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided. Jim Gray, \$195 tuition  
June 5-30

## Blogging and Podcasting for Beginners

Blogging and podcasting are great ways to express yourself, but maybe you're not sure how to start. This course will teach you how to successfully plan and create your very own blog and podcast using hands-on exercises and free web tools. \$99 tuition  
June 14-August 4



## Introduction to Data Analysis

Data analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. This course will give you a basic understanding of how to analyze data in a business setting. John Rutledge, \$195 tuition  
June 5-30

## Introduction to Power BI

Gain insights into your data! Power BI (business intelligence) is a widely used business analytics service offered by Microsoft. Power BI Desktop is a complete data analysis and report creation tool that you install for free. Discover how to quickly extract, transform, and load data with just a few clicks. You will create interactive visualizations (charts, maps, KPIs) to provide insights into your company's data to make informed decisions. Marion Williams, \$195 tuition  
June 5-30

## COURSE IDEAS NEEDED

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at [westmoreland.edu/CEproposal](http://westmoreland.edu/CEproposal) for a course proposal form and to view directions and deadlines for submission.

 Denotes ONLINE Class

Watch your email for class announcements, cancellations, etc.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).



# BUSINESS & PROFESSIONAL DEVELOPMENT



## Intermediate Power BI



Delve further into Power Query to ETL (Extract, Transform and Load) your data. Build the Data Model using modeling features and relationships. Perform calculations using DAX (Data Analysis Expressions) functions. Utilize Time Intelligence functions to view YoY or YTD reports. Add user friendly features to enhance your reports. Marion Williams, \$195 tuition

July 4-28

## Advanced Power BI



Expand your knowledge of Power BI Desktop to the highest level. This course focuses on the advanced capabilities of Power Query, Data Modeling and Reports. Check for data inconsistencies, design efficient queries, create proper relationships, and write DAX code to ensure reports update quickly and accurately. Add navigation and analytical features to your reports to enable consumers to analyze the results. Marion Williams, \$195 tuition

August 7-September 1



Denotes ONLINE Class

## YOUR COMPANY MAY QUALIFY FOR MONEY FOR TRAINING THROUGH WEDNETPA!



Westmoreland is a proud partner with the Workforce & Economic Development Network of Pennsylvania (WEDnetPA). Beginning July 1, qualified companies can receive up to \$2,000 in training reimbursement per eligible employee.

The beauty of this program is that it is

completely employer-driven....you have the freedom to choose the training method(s) that best suit your needs.

WEDnetPA provides training reimbursement funds in several skill-building categories:

- Business Operations
- Computer Operations
- Machine Operations and Maintenance
- Manufacturing Fundamentals
- Manufacturing Technology

To find out if your company qualifies for the WEDnetPA grant or to inquire about customized on-site workforce training courses, contact our Workforce Development team at [workforce@westmoreland.edu](mailto:workforce@westmoreland.edu).

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# BUSINESS & PROFESSIONAL DEVELOPMENT

## **Power BI Certificate –** **Register for the Certificate and Save Money**

This certificate will enhance your skills in data analysis, giving you greater insight into your organization's performance and allowing you to make more informed decisions. When you register for the certificate, you are registering for all three one-month Power BI courses at a reduced rate. You do not have to take all of the courses in the same semester, but the classes must be taken in the following order: Introduction, Intermediate, Advanced. \$495 tuition



## **QuickBooks**

Manage the financial aspects of your small business quickly and efficiently with this powerful accounting software program. QuickBooks is designed especially for the small to mid-sized business owners to create and print invoices, track payables and receivables, and more. \$129 tuition  
June 14-August 4

**Watch your email for  
class announcements,  
cancellations, etc.**



## **Food Safety Certification-ServSafe (Noncredit offering)**

A study of food and the methods needed to control contamination and microbial growth. The principles of food safety standards and regulations will be presented. Emphasis is given to developing a working environment which will provide the consumer with wholesome, safe food that conforms to the standards of the regulatory agencies. This course is offered in conjunction with the Educational Foundation of the National Restaurant Association. Class total hours are 16. Classes meet two times face-to-face with an additional 8-hour self-study component. You must complete all 16 hours to be eligible to sit for the ServSafe Certification Exam. To be eligible to apply to the Pennsylvania Department of Agriculture for the Food Employee Certification, you must successfully pass the ServSafe exam (70%). Certification exam will occur on the second class day. The textbook, ServSafe Manager, 7th Edition, is available in the College Store. Please leave enough time to purchase a textbook and read it before the first class. Answer sheets can be purchased separately if using a used textbook. No Refunds after the registration deadline Tuesday, May 30. Cindy Komarinski, \$129 tuition + \$2 material fee  
2 Tuesdays beginning June 6, 5-9 p.m.

 Denotes ONLINE Class

## **DON'T DELAY!**

**Don't delay taking a class that interests you.  
This could be the last time it's offered.**

**REGISTER TODAY!**

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## Art, Languages & Writing

### Introduction to Digital Scrapbooking

Make the most of your scrapbooking talents to show off your photos and memorabilia. This course provides hands-on experience building scrapbook pages, using artistic journaling, and producing your own artwork with Photoshop Elements. For class start dates, cost and to register. \$99 tuition  
June 14-August 24

### One-Stroke Painting

Using the Donna Dewberry's one stroke painting method, you will learn how to load your brush with two different colors of acrylic paint to blend, highlight and shade, along with the proper brushstrokes to create flowers, vines, etc. You will leave class with an 11" x 14" canvas of sunflowers you painted. No experience necessary. Supply list will be emailed. Registration ends June 8. Class limited to eight students. Gloria Casale, One Stroke certified instructor. \$25 tuition  
Friday, June 30, 9 a.m.-noon



### Zentangle

Create beautiful images from repetitive patterns in an easy to learn format. This fascinating new art form increases focus and creativity while providing a fun and lighthearted way to relax and intentionally shift your attention. Additional Zentangle supplies will be available in class. Paulette Harvey, \$12 tuition + \$10 material fee  
Tuesday, June 20, 6-8 p.m.

**Watch your email for class announcements, cancellations, etc.**



### Fundamentals of Guitar Playing

This guitar course is not only an introduction for the beginning guitarist, but is also for the guitarist who has been playing for years but cannot read music. You will learn how to sight read music, play chords and incorporate a variety of techniques in your playing styles, whether they be country, rock, jazz, folk, blues or classical. By the end of this course, you will have the essentials to play guitar as a soloist or to accompany another. Must provide your own acoustic guitar. Limit 10 students. Registration ends May 25. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting June 19,  
5:30-6:30 p.m. (no class July 3)

### Fundamentals of Guitar Playing II

Lessons will include sight reading chords, bass chord accompaniment, dynamics, eighth note rests, dotted quarter notes, major scales and more! Bring acoustic guitar to class. Limit 10 students. Registration ends May 25. If you have the book, inform registration. Deborah Kazsimer, \$65 tuition + \$27 material fee (includes textbook)

8 Mondays starting June 19,  
6:30-7:30 p.m. (no class July 3)

 Denotes REMOTE Class

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**



# PERSONAL ENRICHMENT

## Music Theory for Guitarists

Understanding some fundamentals of music theory and how it applies to the guitar can help take your guitar playing to the next level. Practical aspects of theory for the guitarist that will be presented include fretboard scales, chords and progressions, key signatures, modes, arpeggios, circle of fifths and more. Must have guitar playing experience. Limit 10 students. Registration ends May 25. Deborah Kazsimer, \$59 tuition + \$12 material fee (includes textbook)

8 Saturdays starting July 1,  
9 a.m.-12 p.m.

## Flash Fiction Workshop

This is a workshop that will focus on writing Flash Fiction using writing prompts and visual aids. You will learn about the story development and word economy in Flash Fiction and will learn techniques to develop realistic dialogue and great characters in your stories. You will be prompted each week to keep your story going and use the RISE method of peer review. In the final weeks, you will be provided a list of places to submit your work and review guidelines and final edits of your work. Wendy Norris, \$79 tuition + \$5 material fee

6 Tuesdays beginning July 11, 6-8 p.m.  
(Westmoreland-Latrobe)  
(No class on August 8)



## Introduction to Fiction Writing

Fiction writing is a fun and fast paced world of its own full of creative storytellers. Are you ready to become one of the greats? You will learn many avenues to pursue fiction writing. What makes a story? Does fiction writing have rules? These are things you will discover all while creating your own plot summaries, cultivating your hero's journey, developing your characters, setting scenes and building your fiction story world. Wendy Norris \$79 tuition + \$5 material fee

6 Mondays beginning July 10, 2-4 p.m.

## Introduction into Character Acting

Have dreams of the big screen or big stage? Ever wonder how an actor left you so breathless and amazed? This interactive and fun course will introduce you to the world of acting and the deep historical roots that it has in society. You will learn techniques that will put you on the road to be that charismatic character on screen or on stage. John Paul Ritchey, \$99 tuition + \$10 material fee

10 Thursdays beginning June 8,  
6-9 p.m. (Westmoreland-Latrobe)  
(No class August 10)

## Introduction to Playwriting

Do you have a play inside you just waiting to get out but not sure where to start? Through short active writing activities, you will develop techniques like how to effectively use dialog, write stage directions, create a plot, and define characters through written and visual storytelling. Come prepared with all of your creative energy to bring that play brewing inside of you to life. Dr. Stephen Schrum, \$89 tuition + \$5 material fee

7 Tuesdays beginning July 11,  
5:30-7:30 p.m.  
(Westmoreland-Latrobe)  
(No class Tuesday August 8)

## How to Outline and

### Write an Irresistible Romance

Romance is the #1 selling fiction genre. Whether you're a new or experienced writer, this comprehensive session will help you sharpen your skills with practical step-by-step advice. You will discover the different romance sub-genres and understand the proven romance formula. You will also learn to create a unique setting, introduce your protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options will also be discussed. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition

Wednesday, July 12, 6-7 p.m.

 Denotes REMOTE Class

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## HEALTH & WELLNESS

### Qi Gong for Energy & Health

In four sessions, you will learn a complete nine-minute system of 13 simple, flowing movements. This practice increases and strengthens the immune system's functioning and promotes overall harmony and well-being with movement, breathing and repetition. Qi Gong (Qi means energy and Gong means practice) is the foundation of Tai Chi. No experience needed. Wear comfortable clothes. Linda Vucelich, \$35 tuition

4 Thursdays starting June 8, 7-8 p.m.



### Balance Your Life with Reiki

The energy balancing method called Reiki encourages the body and mind into a greater state of stability. Reiki can be used for people and animals. The balancing effect on the energy field enlivens the person or animal's instinctive desire for equilibrium in all systems and therefore supports the natural healing mechanisms. The Reiki method is practiced and embraced worldwide for its simplicity and ease. It is considered a valued palliative therapy for stress reduction, calming and aiding a healthful response. Linda Yarbrough, \$25 tuition

Thursday, June 22, 6:00-8:30 p.m.



### Walk Live

Walk Live is an indoor aerobic walking program which has been helping people get fit for over 25 years. You will engage in a three-mile heart pumping, calorie torching aerobic indoor walk geared for all fitness levels. If you can walk, you can do this program. Angie Tomer, \$55 tuition

8 Mondays starting June 12,  
6:30-7:30 p.m.

### Gentle Yoga

An introduction into yoga techniques for those who haven't exercised lately or are limited in mobility. Learn to apply the principles of yoga to stimulate the body into more flexibility, the mind into awareness and peace and to unlock the potentiality that is within all of us. Bring a mat or towel to class. Jennifer Goebel, \$49 tuition

8 Tuesdays starting June 6, 6-7 p.m.  
(Westmoreland-Latrobe)  
(No class July 4)

### Hatha Yoga

Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. We will concentrate on Hatha Yoga stretches, centering and meditation. All poses are presented with options for all levels from beginners to intermediate so everyone feels comfortable. Bring a yoga mat to class. Saroja Chandra, \$59 tuition

8 Tuesdays starting June 6,  
9:30-10:45 a.m.  
(Westmoreland-Murrysville)  
8 Thursdays starting June 8,  
5:30-6:45 p.m.  
(Westmoreland-Murrysville)

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# PERSONAL ENRICHMENT

## Zumba

A mixture of Latin and international music and dance combined with fitness provides an invigorating and effective workout. It is so much fun you won't believe you are exercising! Wear good, supportive sneakers and bring water. Daynelle Sanner, \$55 tuition

5 Mondays beginning June 5, 6-7 p.m.  
(No class July 3)



## Herbal Tea Blends

Do you enjoy tea? Then join us for tips on making herbal tea and herbal tea blends for both taste and specific purposes such as relaxation and de-stressing. Ellen Marsili, \$10 tuition + \$2 material fee

Thursday, July 20, 5:30-8:30 p.m.

## Chinese Self-Defense

Chinese self-defense is a highly effective approach to self-defense. This practice utilizes a softer approach that employs pure technique rather than power. You will employ a comprehensive balance of hand and foot techniques while developing flexibility, fitness, and self-confidence. Alan Lanzar, \$59 tuition

6 Tuesdays starting June 13,  
7-8:30 p.m. (no class July 4)



## Warrior Women

Warrior Women is a proven personal violence prevention program developed to teach women techniques to limit potentially dangerous situations. Classes are hands-on, entertaining and filled with practical skills that are practiced with each participant. The techniques are simple and highly effective for creating a window of escape. Girls (14 & over) are welcome to attend with a family member (both must register). Wear comfortable clothes and shoes. Cassandra Brinker-Kintigh, \$15 tuition

Friday, July 7, 9 a.m. – 12 p.m.

## Intuitive Eating

If you are tired of yo-yo dieting, restricting, bingeing and/or feeling shame around food and your body then this interactive workshop is for you. You will review the science showing that most weight loss efforts are unsustainable and can be harmful, and that fat does not equate with unhealthy. You will be introduced to the 10 principles of Intuitive Eating and how they can support your health and well-being through learning to reject the diet mentality, trust and follow your body's cues, find joy in food, and respect and take care of your here-and-now body. Dana Paul, MPH, RDN CDCES. \$35 tuition + \$2 material fee.

Monday, July 10, 6-9 p.m.

## DON'T DELAY!

Don't delay taking a class that interests you.  
This could be the last time it's offered.

REGISTER TODAY!

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# PERSONAL ENRICHMENT

## FOODS LAB RULES:

**Open-toed shoes, sleeveless tops, shorts and capris are NOT PERMITTED in the foods lab. Please wear non-skid shoes. It is recommended you bring an apron.**

## Food

### Pirohi (Pierogies)

Potato, cheese and sauerkraut filled pirohi just like grandma made. You will leave class with a dozen pirohi you prepared. Deborah Moore, \$39 tuition + \$10 material fee

Wednesday, August 2, 5:30-9:30 p.m.

### Mom's Nut Rolls

Come to class and learn how to make this traditional sweet bread pastry from scratch using yeast dough and a buttery, sweet walnut filling. You will take home the nut rolls you make. Deborah Moore, \$39 tuition + \$15 material fee

Wednesday, June 28, 5:30-9:30 p.m.

### Lemon Meringue Pie

Many shy away from pies with meringue. It is not as difficult as you may think to make those beautiful peaks. Join us to learn how to make a light and fluffy meringue with a flakey pie crust filled with the flavor of fresh lemons. You will take home the pie you prepare from scratch. Deborah Moore, \$25 tuition + \$12 material fee

Thursday, June 8, 5:30-8:30 p.m.

### NEW- Loma Saltado- A Peruvian Dinner Entree

Looking to expand your palate and want to learn about new foods and how to prepare them? Start your journey with a new Peruvian dish! Lomo Saltado is a popular, traditional Peruvian dish, stir fry that typically combines marinated strips of sirloin with onion, tomatoes, peppers, and steak potato fries. Your tastebuds will thank you! Gregory Nemchick, \$39 tuition + \$15 material fee.

Monday, July 10, 6-9 p.m.

**For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

### French Macarons

Come and create elegant and colorful macarons in two different flavors. You will learn start to finish how to prepare macaron batter, pipe, bake and fill with two fillings. You will leave with a box of macarons to enjoy at home. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Please wear non-skid shoes. Sara Voelker, \$35 tuition + \$15 material fee

Wednesday, July 12, 5:30-8:30 p.m.

### Cheregi

A light Slovak knot doughnut rolled in powdered sugar or cinnamon sugar. You will go home with a couple dozen cheregi. Debbie Moore, \$39 tuition + \$10 material fee

Wednesday, July 19, 5:30-9:30 p.m.



## Take Your Cooking Skills to the Next Level with a Credit Class!

If you've enjoyed our noncredit cooking classes, consider auditing a credit class offered through our School of Culinary Arts/Hospitality. Auditing a course means that you do not receive a grade nor credits and generally do not participate in exams or homework. You must pay the tuition and any associated fees. Auditing a class is usually for personal enrichment and exploration.

To view the schedule, visit [westmoreland.edu](http://westmoreland.edu)

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**



# PERSONAL ENRICHMENT

## FUN WITH FRIENDS



### **Wines from Around the World**

Broaden your knowledge of wine by joining us as we explore the foundations of different wine types. Each month you will taste two to three different wines while discussing popular food pairings. Please read the special notes for the wines being poured on a particular date. Wines are subject to change based on availability. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$35 tuition + \$10 material fee

### **NEW-Extraordinary Wines from South America-Red, White, and Rosé**

Monday, June 5, 6-7:30 p.m.

### **NEW-Great Red Wines for Summer BBQ's**

Thursday, June 8, 6-7:30 p.m. (Westmoreland-New Kensington)

### **NEW-Those Cool, Crisp Summer wines besides Chardonnay!**

Wednesday, June 14, 6-7:30 p.m. (Westmoreland-Murrysville)

### **NEW-Let's Go to Spain! Fabulous, affordable wines from this Old-World Country**

Thursday, July 6, 6-7:30 p.m. (Westmoreland-New Kensington)

### **NEW-Wines for the Thrill of the Grill**

Monday, July 10, 6-7:30 p.m.

### **NEW-French Wines Made Easy to Understand (Taking the Mystery out of French Wines)**

Wednesday, July 12, 6-7:30 p.m. (Westmoreland-Murrysville)

### **NEW-Is there Great Wine Beyond California?**

Monday, August 7, 6-7:30 p.m.

### **NEW-How to Drink Wines Like a Millionaire on a Beer Budget**

Thursday, August 10, 6-7:30 p.m. (Westmoreland-New Kensington)

### **NEW-So, What is Pinotage anyway? Terrific Red and White Wines from South America**

Wednesday, August 16, 6-7:30 p.m. (Westmoreland-Murrysville)

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT



## **Improve Your Beer IQ**

You probably have a favorite beer or type of beer you like to drink. How do you describe what it is you like about it? Join us to taste different beers as you learn about bouquet/aroma, appearance, flavor, body, drinkability and overall impression. You can impress your friends with your new knowledge and expand your appreciation of different beers. Must be at least 21 to attend. Registration ends a week prior to class start date. Jill Kummer, \$35 tuition + \$7.50 material fee

## **NEW-Beers and Spirits? The fine art of aging Beers in Bourbon Barrels**

Monday, June 19, 6-7:30 p.m.

## **NEW-Summer Shandies? What on Earth are Those?**

Monday, July 17, 6-7:30 p.m.

## **NEW-Specialty Beers, not your Traditional Brews from Germany, Italy and Spain**

Monday, August 21, 6-7:30 p.m.

## **Sugar Cookie Decorating**

Join us for this beginner sugar cookie decorating class and learn decorating techniques that will impress your family and friends. You will learn how to make royal icing, flood and outlining consistencies and decorating techniques. You will leave class with seasonal-themed cookies you created. Sara Voelker, \$39 tuition + \$15 material fee  
Wednesday, July 26, 5:30-9:30 p.m.

## **Yogalates**

Yogalates is a combination of yoga poses and breaths with core exercises (pilates). It's an easy to follow workout that increases core strength, improves posture and increases flexibility. Bring a mat to class. Jennifer Goebel, \$35 tuition + \$2 material fee

8 Mondays beginning June 5, 6-7 p.m.  
(No class July 3)  
Westmoreland-Latrobe

**Watch your email for  
class announcements,  
cancellations, etc.**

## **Intergenerational Cooking Classes**

Make memories in the kitchen with a child in your life— see page 32.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## Save Money with Extreme Couponing!

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you where to find all different types of coupons, even for high ticket items, how to find the best coupon apps and websites, and how to match coupons with sales for maximum savings. The webinar login information will be emailed the day before class. LeeAnne Krusemark, \$35 tuition  
Monday, July 10, 6-7 p.m.

## Discover Your Family Tree

Discover who your ancestors were and where they lived and provide your family with a legacy they will appreciate and cherish. Basic methods to conduct genealogical research will be reviewed to assist you in tracing your family tree. Frank Kordalski, \$29 tuition + \$2 material fee  
2 Wednesdays beginning July 19,  
6:30-9:30 p.m.

## NEW-Introduction to Birding in Southwest Pennsylvania

Do you enjoy watching birds in your backyard while being outside? Want to learn more about them? Join us to learn the basics of birding. You will discuss bird behaviors, identifications, and tips and tricks to create a bird friendly backyard. Not only will you leave class with some new and exciting knowledge about birds, but also with a no-waste bird feeder to start your backyard bird paradise! Bolana Schofield, \$39 tuition + \$2 material fee  
3 Wednesdays beginning July 12,  
6-8 p.m.

## Law & Money

### Protect Your Assets

Learn the facts on nursing home care, Medicaid and retirement planning. Discussion will include how to protect your assets from a nursing home stay, the biggest mistake seniors make on titling assets, estate planning for the middle class and minimizing taxes upon death. Jack George, CFP®, CLTC, CMP, \$19 tuition  
Thursday, July 13, 6-8 p.m.



### NEW-Financial Planning Mini Masterclass with Jack M. George, CFP

You will learn the various areas to address in personal financial planning such as Risk Management, Estate Planning, Investment Planning, Retirement Planning, and planning for specific goals. The overall planning process used in each category, including what things to look for and how to go about formulating an actionable plan will be discussed. After completion of this class, you will have a general understanding of what is involved in financial planning and have identified aspects of your finances that could use attention and also understand general concepts and solutions that could enhance your financial well-being. Jack George, \$25 tuition  
Thursday, June 22, 6-8 p.m.

 Denotes REMOTE Class

**NEW! English as a Second Language (ESL) program beginning summer 2023. Visit [westmoreland.edu/esl](http://westmoreland.edu/esl) for details.**

## WESTMORELAND COMMUNITY SURVEY

Thank you for your interest in taking classes at Westmoreland. If there are classes you would like to take that are not currently being offered, tell us what they are.

**Complete an online survey at [westmoreland.edu/cesurvey](http://westmoreland.edu/cesurvey)**

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

**Unless otherwise noted, classes are for ages 18 and older.**

# PERSONAL ENRICHMENT

## **NEW-Retirement & Income Planning Mini Masterclass with Jack M. George, CFP**

This class will explain what goes into creating a retirement plan that includes a plan for retirement income. You will learn the various areas to address in retirement planning such as budget, risk management, retirement income planning, estate planning, planning for health insurance, taxes, and legacy. You will gain a general understanding of the various areas of retirement planning and have identified aspects of your finances that could attract attention and also understand general concepts and solutions that could enhance your financial health and well-being throughout retirement when you complete this class. Jack George, \$25 tuition

Thursday, July 27, 6-8 p.m.

## **Buying a Home in Today's Market**

This course will provide an overview on where to start, what to look for in determining value, best financing for your lifestyle and needs, making the best investment, inspections, understanding the contract and more. Scott Ludwick, \$15 tuition

Wednesday, July 12, 6-8 p.m.

**Watch your email for class announcements, cancellations, etc.**

**For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**



## **Selling a Home in Today's Market**

Whether you sell your home on your own or go through an agent, this class will be beneficial for you. Preparing your home for the market, determining value, maximizing the selling price, avoiding problems, reducing selling time and understanding the contract will be covered. Scott Ludwick, \$15 tuition

Wednesday, July 26, 6-8 p.m.

## **NEW-Increase the Value of Your Business**

This course will show you the fundamental steps in assessing the value of a business, the 8 areas that investors consider when deciding to invest in your business, and several ways to increase the values of your business. You will look at three case studies to illustrate those points. Between session one and two, you will have the opportunity to complete the fundamental steps of valuing the business. In session two, questions will be answered that you encountered while doing that and discuss opportunities to increase value specific to the businesses themselves. Virginia Altman, \$29 tuition + \$15 material fee

2 Thursdays beginning July 20, 6-8 p.m.



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/ Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**



# PERSONAL ENRICHMENT

## Personal Interest



### Final Preparation Series

Pre-planning and getting your affairs in order allows you to let your final wishes be known and alleviates any hard decisions your family will have to make at an already difficult time.

#### Estate Planning

This class provides fundamental estate planning strategies to help you reduce costs/taxes and avoid the pitfalls that commonly occur with simple estates. Topics include: avoidance of probate, Medicare reimbursement for nursing homes and guardianship proceedings. Attorney Eric Bononi, \$10 tuition

Monday, June 19, 6-7 p.m.

#### Basic Will Writing

Step-by-step instructions will be provided. You'll leave with the knowledge to complete a basic will and, if desired, a living will and organ donor form. A basic will provides for general distribution of property; names a guardian/trustee for children, if needed; names a personal representative to administer the estate; and provides specific burial instructions, if desired. Attorney Mary Ann Grec, \$35 tuition

Monday, July 31, 5:30-9:30 p.m.

#### Writing an Obituary

An obituary is a tribute to a person's life. Join us for guidance in writing your tribute. You will be encouraged to compose an obituary that can be shared with your family and friends to be used as your final honor. Leah Tapper, funeral director, \$10 tuition

Thursday, June 29, 6-8 p.m.

#### Funeral Pre-Planning: Where to Start

Pre-planning a funeral can bring peace for you and your family, but sometimes it's hard to know where to start. Take part in this class to uncover the steps you need to take to bring you and your family serenity in your final time. Leah Tapper, funeral director, \$10 tuition

Thursday, July 13, 6-8 p.m.

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# PERSONAL ENRICHMENT

## Medicare 101

Many decisions need to be made when you become eligible for Medicare. To assist you in making these informed decisions, information will be presented on Medicare benefits, Medicare Advantage options, Medigap plans and the Medicare prescription drug benefit. Information will be presented by the PA Medi Program which is a program of the Department of Aging. The program provides free information and counseling to anyone who is Medicare eligible. No tuition.

Wednesday, July 12, 5-7 p.m.

Friday, August 25, 12-2 p.m. (Remote)

## Basic Dog Obedience

This course teaches owners how to train a dog in obedience basics, the responsibilities owners have with pets and neighbors and proper care in areas such as noise, cleanup and breeding. Minimum dog age: four months. Requires proof of up-to-date vaccinations. Bring your dog on a leash.

Arlene Halloran, \$69 tuition

8 Tuesdays starting June 6,  
6:30-7:30 p.m.

(Career Link Parking Lot)

## Advanced Dog Obedience

This course offers advanced training for those dogs that have learned the basics and are ready to learn to work without leashes and prepare for obedience showing. Learn advanced commands, including retrieving and drop on recall. All dogs will be evaluated for prior training. Requires proof of up-to-date vaccinations. Arlene Halloran, \$69 tuition

8 Tuesdays starting June 6,  
7:30-8:30 p.m.

(Career Link Parking Lot)



## Healthy Habitats for Bees and Other Pollinators

Learn how to attract and keep pollinators in your garden. Information will be presented on host and nectar plants for several butterflies, along with the colors and shapes of flowers for different pollinators. Patti Schildkamp, \$10 tuition + \$2 material fee

Wednesday, July 12, 6-7:30 p.m.

## Monarchs, Milkweed and You!

The Monarch butterfly population has declined about 80% in the last 20 years. Steps are being taken to help save them from further decline. Patti Schildkamp, a Monarch enthusiast who has raised hundreds of Monarchs from egg stage to maturity, will take you through the Monarch life cycle, the critical role milkweed plays in their survival, their fall migration to Mexico, and how you can make a difference. \$10 tuition + \$2 material fee

Monday, June 12, 6-8 p.m.

## Bring Butterflies to Your Garden

Plant the flowers this summer that will attract five different types of butterflies to your garden next spring. The host plants and nectar sources butterflies need to thrive will be reviewed, along with how they handle overwintering. Photos of eggs, caterpillars, chrysalis and adult butterflies will be shown for you to see the different stages of each butterfly's life span. Patti Schildkamp, \$10 tuition + \$2 material fee

Tuesday, July 25, 6-7:30 p.m.

# NEW

Online registration and payment now available 24/7!

Go to [westmoreland.edu/coned](http://westmoreland.edu/coned)

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## Herbs for Health & Wellness

Growing herbs at home is a fun and money saving hobby that also happens to be good for your health. In addition to flavoring up your favorite dishes, herbs are filled with antioxidants and essential nutrients. Learn how to decide which herbs will work best for you and how to use them. Ellen Marsili, \$15 tuition + \$2 material fee

Wednesday, July 19, 6-9 p.m.



## The Versatility of Herbs

Herb gardening is relaxing and rewarding. Your own homegrown herbs can provide new flavors in cooking, making herbal teas, aromatics, crafts and cleaning supplies for your home. Join us to learn more about growing and using herbs in your home in many different ways. Ellen Marsili, \$35 tuition + \$2 material fee

3 Wednesdays starting July 12, 6-8 p.m.

## Edible & Medicinal Plants of PA

Discover the edible and medicinal plants and their uses that are local to Western Pennsylvania as you hike the Five Star Bike Trail. The two hour walk will start in a college classroom. Please wear appropriate footwear. Class will be held rain or shine. Lindsey Praksti, \$15 tuition + \$2 material fee.

Friday, June 23, 10 a.m.-12 p.m.

## Pennies from Heaven

Do pennies seem to appear in your path when you least expect them? Do you often find strange objects in unexpected places? What could these really mean to you? Are you being sent a special message? Throughout the years I have learned the meanings of many signs that just appear out of nowhere when dealing with grief after the loss of loved ones in my life. These signs and symbols have brought me relief in ways I never thought possible. I would love to share my experiences with you. Linda Yarbrough, \$15 tuition

Thursday, July 6, 6-8 p.m.

## English as a Second Language (ESL)

### ESL classes coming soon!

Please visit [westmoreland.edu/ESL](http://westmoreland.edu/ESL) for more details.

## Skills for Making Great Decisions



Learn how to make excellent everyday decisions from an experienced counselor and life coach. This course will help you discover how to effectively deal with a crisis, how to use your emotions as decision-making tools and how to work with others to make the most of every opportunity.

June 14-August 4



## Cutting the Cord

With the many options now available to access television entertainment, people are cutting the cord with cable. More choices can make it more confusing. Depending on what you want to watch, you may need to replace your cable with several other options. The various TV, streaming and Internet options will be reviewed to help you make more informed decisions for getting the shows and movies you want. John Struble, \$19 tuition + \$2 material fee

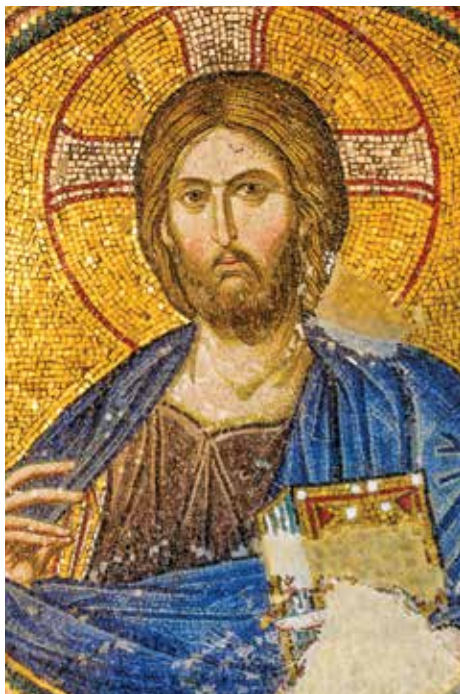
Monday, July 24, 6-9 p.m.



Denotes ONLINE Class

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# PERSONAL ENRICHMENT



## History of Christianity

Christianity has helped shape the modern world as we know it for over 1,600 years. Yet there are many things which people are still curious about. How did early Christians worship compared to Christians today? What were the causes of the splits that occurred amongst various Christian groups...and, what is the difference between all of the denominations that exist today? Come explore the history behind modern Christianity. Frank Kordalski, Jr., \$39 tuition + \$2 material fee

4 Mondays starting July 10,  
6:15-8:30 p.m.

(Westmoreland-Murrysville)

## Folklore of Western Pennsylvania

We've all heard of various legendary events and creatures: Roswell, Shangri-la and Leprechauns. But what about local myths and legends? Come explore various legends unique to Western Pennsylvania, including: Joe Magarac, the Green Man and General Braddock and his gold. Also, feel free to offer your own take on these local legends or to share your own personal addition to our regional folklore. Frank Kordalski, \$25 tuition

2 Wednesdays starting June 21,  
6-8:30 p.m.

## Vision Board Workshop

Want a plan for your future and not know where to start? Gather together to learn about vision boards. Create a board with goals, dreams, and set a path to actualize your vision for the future, while engaging with others for support and encouragement. This will be an opportunity to meet new friends and have fun, while creating the life that you want. Please bring any photos or personal items that you wish to put on your board. Elizabeth Shaver, \$15 tuition + \$25 material fee

Monday, June 19, 7-9 p.m.

## Minimalism & Decluttering Your Life

Are you overwhelmed by the clutter in your home and feel cluttered in your mind? Minimalism is a concept that can help you get rid of physical clutter and help you clear your mind, both allowing you to live a more focused life with less. It's not about giving up things you love, it's about having more time and space in your life to appreciate those things that spark joy. You will learn how to get started on our minimalist journey and get inspired to begin right away. Angela Pompa, \$15 tuition

Tuesday, July 18, 6-8 p.m.



## Wild about Pigeons!

Ever met a real pigeon? Come meet Homer! During this hands-on experience, learn how amazing pigeons are and how they have been used during war and for communication. See how smart and versatile these birds are and all the amazing things they can do. Elizabeth Shaver, \$29 tuition, \$2 material fee

Saturday, July 29, 10 a.m.-12 p.m.

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**



# PERSONAL ENRICHMENT



## **Basic Handgun Familiarization for Women**

Women can learn the very basics of weapons (handguns) and the appropriate handling of the handgun they choose to train with while being in class with other women with similar knowledge/experience. The classroom portion will consist of disassembly, reassembly, cleaning the weapon, ammunition and other instruction to help the student understand their weapon or the weapon they may choose at a later date. For those who already own a weapon, bring in your owner's manual. (No firearms please.) Donald Hess, \$42 tuition + \$2 material fee

Thursday, July 13, 6-10 p.m.

## **Handguns - Home Safety & Personal Protection**

Applicable "use of force" issues and information, self-protection tips, knowledge of civil liability issues and information on various gun permits are the focus of this course. Class includes six hours of shooting at our firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on range. Shooting is not required, but you will attend the range sessions to be exposed to weapons, understand how they function and appreciate their capabilities and limitations. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Donald Hess, \$125 tuition + \$10 material fee  
Tuesday & Thursday, July 25 & 27, 6-10 p.m. (Youngwood) and Saturday, July 29, 8 a.m.-5 p.m.  
(Public Safety Training Center)

## **COURSE IDEAS NEEDED**

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at [westmoreland.edu/CEproposal](http://westmoreland.edu/CEproposal) for a course proposal form and to view directions and deadlines for submission.

**Watch your email for class announcements, cancellations, etc.**

**For more information about Personal Enrichment classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# PERSONAL ENRICHMENT

## **Advanced Handguns - Home Safety & Personal Protection**

Further develop your marksmanship, decision-making skills, personal survival skills and knowledge of use of force issues. Topics covered will include legal ramifications, shooting from behind cover, effective target acquisition, shooting while stationary and on the move, and practical applications of tactical shooting. Class includes six hours of shooting on Westmoreland's firearms range. Bring your own handgun and at least 150 rounds of factory ammunition. No hand-loaded ammunition is permitted on the range. Bring a holster that fits your handgun and wear a belt to the range portion of the class. Prerequisite: Handguns-Home Safety and Personal Protection. Donald Hess, \$64 tuition + \$10 material fee

Saturday, August 5, 8 a.m.-5 p.m.  
(Public Safety Training Center)

## **Advanced Handguns II**

Continue your handgun training by shooting from various locations including the close confines of a vehicle using advanced target acquisition methods, shooting on the move, shooting from cover and speed shooting with accuracy. Prerequisite: Advanced Handguns. Donald Hess, \$65 tuition + \$10 material fee

Saturday, August 26, 8 a.m.-5 p.m.  
(Public Safety Training Center)

## **COURSE IDEAS NEEDED**

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at [westmoreland.edu/CEproposal](http://westmoreland.edu/CEproposal) for a course proposal form and to view directions and deadlines for submission.

## **AARP Smart Driver Course**

This two-session classroom driver retraining program is designed to help adults age 50 and better improve their driving skills. The class covers the effects of aging and medications on driving, basic driving rules, license renewal, local traffic hazards, adverse road conditions, energy saving and accident prevention measures. \$20 material fee payable at first class (check or money order only made payable to AARP, no cash). The fee is only \$20 if you are a member of AARP (membership card must be presented), \$25 for non-members. NOTE: You must be age 50 or older, have a valid driver's license and attend both sessions to receive a certificate.

Wednesday and Thursday, July 26 and  
July 27, 9 a.m.-1 p.m.



## **AARP Smart Driver Course Four-Hour Refresher**

This class will teach you how to handle adverse driving conditions and traffic hazards, in addition to learning about the effects of aging and medications on driving. Prerequisite: AARP Driver Safety eight hour class. You must bring the safety certificate from prior 55 Alive Driver Safety class as proof of completion. \$20 material fee payable at first class (check or money order only made payable to AARP, no cash). \$20 for AARP members (membership card must be presented), \$25 for non-members.

Tuesday, June 27, 9 a.m.-1 p.m.  
Tuesday, August 1, 9 a.m.-1 p.m.

## **COLLEGE'S OPERATING PLAN DURING COVID-19**

Please review the plan on the college's website prior to attending class at [westmoreland.edu](http://westmoreland.edu).

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# COMPUTERS

**In-person computer courses are conducted in an interactive learning environment where each student completes lessons and exercises on a computer.**



## Smartphone Basics

Using your smartphone is easier than you think. With some instruction and demonstration on the capabilities of your phone, along with some practice, you will become comfortable using its many features. Topics that will be presented include settings, texting, phone calls, contacts, email, camera, photos App, and surfing the web. Bring your smartphone, charging cable and usernames and passwords to class. Gina McGrath, \$69 tuition

3 Wednesdays beginning June 14,  
9 a.m. – 12 p.m.

## Computer Maintenance

Are you frustrated by your PC running too slowly? Does it take forever to load your home or webpages? You don't need to take it to a repair shop to solve these issues. You can do it yourself by using the various utility tools that come bundled with Windows. In addition to performing maintenance, you need to protect your computer from spam, viruses, and malware. Come and learn what you need to do to keep your PC running smoothly. Carol Shoemaker, \$49 tuition

2 Wednesdays beginning July 12,  
6-9 p.m.

## Computer Basics

Become familiar with the Windows 10 interface and its basic capabilities, along with basic computer hardware and terminology, file saving and file management. Explore how to create documents, send email, browse the Internet and share information between applications and other users. Bring a flash drive to class. \$99 tuition

Gina McGrath 5 Thursdays starting  
June 8, 6-9 p.m.

Richard Martz 5 Mondays starting  
July 10, 9:30 a.m.-12 p.m.  
(Westmoreland-Indiana)

Richard Martz 5 Tuesdays starting  
July 18, 9:30 a.m.-12 p.m.  
(Westmoreland-Latrobe)

David Good 5 Tuesdays starting  
July 18, 9:30 a.m.-12 p.m.  
(Westmoreland-New Kensington)

## Excel 2019, Level I

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. There is a required book for this class. Information on purchasing the book will be emailed to you. Bring a flash drive to class. David Good, \$85 tuition

4 Tuesdays beginning June 6, 6-9 p.m.  
(Westmoreland-Murrysville)

**Watch your email for  
class announcements,  
cancellations, etc.**

**Most textbooks will be purchased online; there is a limited supply in the College Store. Instructions will be emailed to registered students.**

**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# COMPUTERS



## Excel 2021, Level I

You will be introduced to the essential Excel features. You will create worksheets by entering and editing data, manage and navigate worksheets and workbooks, create formulas, use functions, manipulate worksheet data, format worksheet contents and prepare, set up and print information. Windows knowledge is required. Bring a flash drive to class. Richard Martz, \$85 tuition

4 Thursdays beginning June 8, 6-9 p.m.

## Introduction to Coding

You will be introduced to the basics of computer programming and various programming languages. New technologies allow people outside of the computer science field to be able to create their own web pages using code. You will learn the basics of HTML, CSS, and Java Script, as well as the practical uses for each. James Kritzer, Ph.D., \$195 tuition

June 5-30

## CSS Fundamentals

In this introductory course, you will learn how to style web pages using Cascading Style Sheets (CSS) coding language. Topics include using inline, internal, and external CSS, web typography, formatting text, working with web colors, using Google fonts, working with id and class selectors, working with elements, creating page layouts using elements, and CSS box model. Andy Helmi, \$245 tuition

June 5-30

## HTML Fundamentals

This course covers all the basics of HTML coding language. You will learn about building simple web pages by hand coding, using HTML tags to create paragraphs, heading, lists, links, insert images and tables and more. We also cover creating a simple multi-page website with images, text and a navigation bar. Andy Helmi, \$245 tuition

July 4-28

## Introduction to SQL

Gain a solid working knowledge of the powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database and gather statistics from data stored in a database. \$115 tuition

June 14-August 4

## Introduction to Game Design

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This course provides a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. Take the first step into understanding game design, and how it can be applied in your field. Moses Wolfenstein, Ph.D., \$245 tuition

June 5-30

 Denotes ONLINE Class

## DON'T DELAY!

Don't delay taking a class that interests you.  
This could be the last time it's offered.

REGISTER TODAY!

To register, go to [westmoreland.edu/coned](https://westmoreland.edu/coned).



# COMPUTERS

## Introduction to Web Design

Understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition. Discover the basics of web design using HTML and CSS. No prior knowledge of HTML or web design is required. Throughout the course you will get the info you need to plan and design effective web pages. Come away knowing how to implement web pages by writing HTML and CSS code. And discover ways to enhance web pages with the use of page layout techniques, text formatting, graphics, and images. Marcus Lander, \$245 tuition  
June 6-July1

## Adobe Illustrator Essentials

Adobe Illustrator is the industry standard computer illustration software. Use Illustrator to draw shapes and design logos, flyers, posters, banners, business cards or any other vector graphics for print or web. In this course, you will learn Adobe Illustrator fundamentals to set up a print document and use various tools to draw, type and color all kinds of shapes and illustrations. Learn how to efficiently manage layers and artboards, and create print-ready PDF documents. Access to Adobe Illustrator software required. Andy Helmi, \$225 tuition  
June 6-July1

 Denotes ONLINE Class

## ONLINE LEARNING the solution for today's busy adult

Convenient - Affordable - Effective

Take a course on topics ranging from A-Z Grant Writing, Photography, to Web Design and more all from the comfort of your home or office at times that are convenient for you.

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students, and practical information that you can put to immediate use.



For more information visit our website!

**westmoreland.augusoft.net**  
then click ed2go (online)

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

All classes will be held at the Youngwood Campus unless stated otherwise.

# HEALTH CARE AND EMERGENCY SERVICES

## Health Care & Emergency Medical Services Professionals

### Nurse Aide

Visit [westmoreland.edu/nurseaide](http://westmoreland.edu/nurseaide) for class information.

### Emergency Medical Technician

Visit [westmoreland.edu/emt](http://westmoreland.edu/emt) for class information.

### American Heart Association (AHA) Courses

The AHA has purposely developed instructional material to promote knowledge of and proficiency in CPR. Although these CPR courses are not sponsored by an AHA component, some or all materials utilized by faculty or students may be AHA materials supplied on a cost basis. Any fees charged for these courses do not represent income to the AHA. The AHA requires students to purchase appropriate CPR textbooks prior to class.

- Material fees are subject to change based on a potential increase in course cards.
- Unless otherwise noted, classes are for ages 18 and older.

Precourse Requirements for Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS) Full Course and Renewal

1. Complete Precourse Self-Assessment. Access found at <https://elearning.heart.org/course/423> (ACLS) or <https://elearning.heart.org/course/427> (PALS), bring certificate with you to class. A passing score is 70% or above. You can take the Precourse Self-Assessment as many times as needed to achieve a passing score. (ACLS and PALS)
2. Review and understand information in the Provider Manual.
3. Review and understand the information in your PALS Provider Manual. Pay attention to the systematic approach to pediatric assessment, the evaluate-identify-intervene sequence and the management of respiratory and circulatory abnormalities. (PALS)
4. Be familiar with the PALS algorithms and flowcharts so you can apply them to clinical scenarios. (PALS)
5. A current Basic Life Support for Healthcare Providers CPR card must be presented for admittance to class. (ACLS and PALS)
6. A current ACLS or PALS completion card is required for admittance in a renewal class (ACLS and PALS)



### Advanced Cardiac Life Support (ACLS)

Designed for health care providers to enhance their skills in the treatment of an adult victim of a cardiac arrest or other cardiopulmonary emergency. You will engage in simulated clinical scenarios that encourage active hands-on participation. See precourse requirements for more information. \$97 tuition + \$13 material fee + required textbook. 1.3 CEUs from Westmoreland, 13 ConEd credits from PA DOH.

Wednesday, July 19, 8 a.m.-4:30 p.m.,  
& Thursday, July 20, 8 a.m.-1 p.m.  
Wednesday, August 8, 8 a.m.-4:30 p.m.,  
& Thursday, August 9, 8 a.m.-1 p.m.

### Advanced Cardiac Life Support (ACLS) Renewal

Provides previously trained health care providers a renewal of their ACLS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, June 7, 8 a.m.-4 p.m.  
Wednesday, June 21, 8 a.m.-4 p.m.  
Wednesday, July 12, 8 a.m.-4 p.m.  
Wednesday, July 26, 8 a.m.-4 p.m.  
Wednesday, August 2, 8 a.m.-4 p.m.  
Wednesday, August 30, 8 a.m.-4 p.m.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# HEALTH CARE AND EMERGENCY SERVICES



## **Pediatric Advanced Life Support (PALS)**

Utilizing a scenario-based team approach, pediatric health care providers will be taught how to efficiently and effectively manage critically ill infants and children. See precourse requirements for more information. Practical and written evaluations are required. \$97 tuition + \$13 material fee + required text. 1.5 CEUs from Westmoreland, 15 ConEd credits from PA DOH.

Wednesday, August 23,

8 a.m.-4:30 p.m. & Thursday,

August 24, 8 a.m.-3:30 p.m.

## **Pediatric Advanced Life Support (PALS) Renewal**

Provides previously trained health care providers a renewal of the PALS status upon successful completion of written and practical skills. See precourse requirements for more information. \$61 tuition + \$13 material fee + required text. .75 CEUs from Westmoreland, 7.5 ConEd credits from PA DOH.

Wednesday, July 5, 8 a.m.- 4 p.m.

## **Basic Life Support for Healthcare Providers (BLS/HCP): Adult/Child/Infant**

Designed for health care providers and follows the AHA Guidelines for delivery of CPR for victims of all ages (including ventilation with a barrier device, a bag-mask device and oxygen), use of an AED on adults and children and relief of foreign body airway obstruction (FBAO) in responsive and non-responsive victims. Written testing and hands-on skill performance are required.

A course card is awarded upon successful completion. \$49 tuition + \$11 material fee + required text (review of textbook prior to class is required), .475 CEUs

Monday, June 5, 6-10:45 p.m.

Tuesday, June 20, 6-10:45 p.m.

Wednesday, July 19, 6-10:45 p.m.

Thursday, August 17, 6-10:45 p.m.

**Watch your email for  
class announcements,  
cancellations, etc.**

## **Textbooks available at the American Heart Association website**

The link for ACLS is <https://shopcpr.heart.org/acls-provider-manual>

The link for PALS is <https://shopcpr.heart.org/pals-provider-manual>

The link for BLS is <https://shopcpr.heart.org/bls-provider-manual>

The link for Heartsaver CPR/AED is

<https://shopcpr.heart.org/heartsaver-cpr-aed-student-workbook>

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# HEALTH CARE AND EMERGENCY SERVICES

## **Basic Life Support for Healthcare Providers (BLS/HCP) – Renewal**

Renew your basic life support for health-care providers by reviewing the 2015 AHA Guidelines. You will review the latest adult, child and infant CPR skills for one and two rescuers; practice skill development and foreign-body airway obstructions; the integration of an AED into adult and pediatric CPR and rescue breathing using barrier devices and the bag-valve mask. A current BLS for Healthcare Providers CPR card is required for admittance. Written exam and skills evaluation required. \$39 tuition + \$11 material fee + required text (review of textbook prior to class is required), .35 CEUs

Tuesday, June 13, 6-9:30 p.m.

Thursday, July 20, 6-9:30 p.m.

## **Basic Life Support for Healthcare Providers (BLS/HCP) Instructor Course**

This course is aimed at experienced persons who have completed the BLS for Healthcare Providers, have completed the BLS Essentials course, and who wish to teach the BLS courses. Discover how to effectively present lecture materials, monitor and coach students, demonstrate accurate CPR skills for adult, child and infant patients, demonstrate manikin maintenance techniques, evaluate written and skills performance, maintain accurate records, and work with a Training Center (TC). You must affiliate with a TC of your choice, be 16 years old, have a current BLS for Healthcare Provider CPR card and purchase an instructor manual. Written testing, hands-on performance and practice lecture required. CPR instructor card is valid for two years. Instructors must teach four classes within two years to remain certified. Prerequisites: Successful completion of the BLS Essentials course, which can be accessed at [www.onlineaha.org](http://www.onlineaha.org). You must bring a copy of your certificate of completion of the BLS Essentials course and current BLS for Healthcare Providers card to class. Registration ends May 3. \$99 tuition + \$10 material fee + required textbook, .8 CEUs

Saturday, July 22, 8 a.m.-5:00 p.m.



## **Heartsaver CPR AED Adult & Child & Infant CPR**

Heartsaver CPR AED is a video-based, instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. This course teaches skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory or other requirements. \$29 tuition + \$25 material fee + required text (review of textbook prior to class is required), .45 CEUs

Wednesday, July 12, 6-9:30 p.m.

## **COURSE IDEAS NEEDED**

We are always looking for new classes to offer the community. If you have special knowledge or a skill that you would like to share with others, please complete a course proposal. Visit our website at [westmoreland.edu/CEproposal](http://westmoreland.edu/CEproposal) for a course proposal form and to view directions and deadlines for submission.

**For more information about Health Care and Emergency Services classes, contact the Information Center at 724.925.4000 or [infocenter@westmoreland.edu](mailto:infocenter@westmoreland.edu).**



# HEALTH CARE AND EMERGENCY SERVICES



## **Heartsaver First Aid: Adult/Child AED & CPR & Infant CPR**

The AHA First Aid course incorporates basic first aid skills with adult CPR and automated external defibrillators (AEDs). It is designed for those in the workplace needing OSHA-compliant first aid and CPR training. The course includes instruction on rescuer safety, medical and injury emergencies, adult CPR and the AED and environmental emergencies. Wounds, bleeding, shock, stroke, allergic reactions, joint and muscle injuries, choking, bites and stings, heat and cold emergencies and poisonings are covered. The Heartsaver CPR/First Aid textbook is required. A course card is awarded upon successful completion. \$55 tuition + \$25 material fee + required text (review of textbook prior to class is required), .55 CEUs

Friday, August 11, 9 a.m.-2:30 p.m.

## **DON'T DELAY!**

**Don't delay taking a class that interests you.  
This could be the last time it's offered.**

**REGISTER TODAY!**

## **NEW**

Online registration and payment now available 24/7!

Go to [westmoreland.edu/coned](https://westmoreland.edu/coned)



**REMOTE** – classes take place using Zoom and are live. You can interact with the instructor. Registration ends three (3) business days prior to start date.



**ONLINE** – classes have start and end dates, and you can access the class content at your leisure.

To participate in remote or online classes, you need to have a PC/Laptop/Tablet with Internet access. An invitation to join the class is sent to you via email a couple of days prior to the class start date.

***ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.***

***Unless otherwise noted, classes are for ages 18 and older.***

# PUBLIC SAFETY

## Municipal Police Officers' Training Academy



Established in 1979, Westmoreland's Municipal Police Officers' Training Academy has graduated over 900 cadets who now serve and protect their communities at the local, county, state and federal levels.

All Police Academy classes are held at the Public Safety Training Center located off Interstate 70 in Smithton, PA. This facility houses a 50-yard, 17-position shooting range, classrooms, simunitions house, traffic roadways, police vehicles and a six-story tower for complex building searches and rescue.

Features of the Westmoreland Police Academy include:

- Part-time class begins in February
- Full-time class begins in late spring/early summer
- 15 transferrable college credits can be applied toward Westmoreland's Criminal Justice Program, which can then be transferred to a four-year university.



Go to [www.westmoreland.edu/policeacademy](http://www.westmoreland.edu/policeacademy) for further information regarding Westmoreland's Municipal Police Officers' Training Academy.

If you have questions after reviewing the website, please contact Franklin R. Newill at 724.925.4298 or [newillf@westmoreland.edu](mailto:newillf@westmoreland.edu).

## ACT 180 – M.P.O.E.T.C. Mandated 2023 Municipal Police Officers' In-Service Classes

For complete descriptions and schedule of 2023 classes, go to [westmoreland.edu/act180](http://westmoreland.edu/act180).

If you have questions, contact Franklin Newill at 724.925.4298 or [newillf@westmoreland.edu](mailto:newillf@westmoreland.edu).

## Firefighter



A class schedule for firefighters can be found at [westmoreland.edu/classes](http://westmoreland.edu/classes). The schedule will also be sent to fire departments.

For more information about Firefighter classes, contact Marc Jackson, director, Public Safety Training Center, at 724.872.2447 or [jacksonmarc@westmoreland.edu](mailto:jacksonmarc@westmoreland.edu).

Instructor-Led **ONLINE**

# Youth Courses



## Westmoreland County Community College

Our **instructor-led** online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Complete any of these courses entirely from your home or office and at any time of the day or night.



### Drawing for the Absolute Beginner

Gain a solid foundation in drawing and become the artist you've always dreamed you could be!



### Introduction to Photoshop

Learn how to use Photoshop, the world's best graphics program, to edit and process photos and create original images.



### Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.



### Photoshop Elements for the Digital Photographer

Master the secrets of correcting digital photos, and bring out the best in all your photographs!



### Introduction to Microsoft PowerPoint

Build impressive slide presentations filled with text, images, video, audio, charts, and more.



### Secrets of Better Photography

Discover strategies and tricks for taking excellent pictures no matter what or where you're shooting.



### Introduction to Microsoft Publisher

Find out how to use this software to design, develop, and publish newsletters, Web sites, and brochures.



### Discover Digital Photography

Explore the fascinating world of digital photography equipment.



### Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.



### SAT/ACT Preparation

Get your best possible score on the verbal and reasoning sections of the new SAT exam.



### Blogging and Podcasting for Beginners

Learn how to create your very own blog and add a podcast too using the tools you already have on your computer.



### Introduction to Algebra

Understand how algebra is relevant to almost every aspect of your daily life, and become skilled at solving a variety of algebraic problems.

Learn from the comfort of home!

- 24-Hour Access
- Discussion Areas
- 6 Week Format
- Expert Instructor

MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

**westmoreland.augusoft.net**  
then click ed2go (online)

Visit our website for start dates

Prices start as low as: **\$115**





# KIDS & YOUTH

## Intergenerational Classes

### **Summer Camping Fun! (Ages 3-6, must be accompanied by an adult)**

Join us as we explore the outdoors and learn about camping! You will go on a nature walk, learn campfire songs and even make a special snack mix! Ashlea Lee and Michelle Adams, \$15 tuition + \$10 material fee  
Monday, June 19, 5:30-6:30 p.m.

### **Dinosaurs Roar! (Ages 3-6, must be accompanied by an adult)**

Come learn about dinosaurs with us and dive into some prehistoric fun! We will be exploring dinosaur bones, tracks and even making a fun snack! Ashlea Lee and Michelle Adams, \$15 tuition + \$10 material fee  
Monday, July 17, 5:30-6:30 p.m.

### **Yoga, Hatha for Adults and Children (Ages 7-17 accompanied by an adult)**

Looking for a way to introduce a new way for your family to bring some healing movement to your day? Hatha yoga is a great way to spend some time with your family while teaching techniques that will help with the daily stressors that life can bring. Yoga is an ancient practice that promotes a sense of inner peace through a series of physical exercises (asanas or postures) and breathing techniques. What sets yoga apart from fitness programs is an emphasis on the breath as well as a noncompetitive attitude. Bring a yoga mat to class. Saroja Chandrasekaran, \$59 tuition  
8 Tuesdays beginning June 6, 4-5 p.m.  
(Westmoreland-Murrysville)  
(No class July 4)

### **A Handful of Quiet (Ages 8-12 accompanied by an adult)**

A simple yet effective technique will bring many benefits of "quiet time" including mental, emotional and intellectual development. Tools will be made by each child to take home to help continue their practice. Each child must be accompanied by an adult. Both must register. Linda Yarbrough, \$19 tuition + \$5 material fee  
Thursday, July 27, 5-8:30 p.m.

### **Tie Dye Cookies (Ages 7-17 accompanied by an adult)**

Make memories in the kitchen with a child in your life as you make t-shirt shaped sugar cookies and decorate them using a tie dye design. You will leave class with a couple dozen cookies. Bring two (2) cookie sheets, aprons and a snack and drink. You both must register; one adult per child. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Please wear non-skid shoes. Debbie Moore, \$35 tuition + \$8 material fee  
Tuesday, July 18, 9 a.m.-1 p.m.

### **Pirohi (Ages 7-17 accompanied by an adult)**

Prepare potato, cheese and sauerkraut filled pirohi with a child in your life. You will both leave with a dozen pirohi you prepared. An adult must accompany each child. Both must register. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Wear non-skid shoes. Debbie Moore, \$35 tuition + \$10 material fee  
Saturday, July 29, 9 a.m. – 1 p.m.



### **Pretzel Palooza (Ages 7-17 accompanied by an adult)**

Pretzels! The delicious twisted treat! Learn how to make and create pretzel masterpieces and yummy cheese to dip your twisted delights in and make memories to last a lifetime. Adult and child must register; one adult per child. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Please wear non-skid shoes. Sara Volker, \$35 tuition + \$10 material fee  
Friday, July 21, 9 a.m.-1 p.m.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**



# KIDS & YOUTH

## SUMMER CAMPS

*Each summer, Westmoreland offers a variety of day camps. There is something for every child's interest! The camps provide opportunities for children and youth to have fun as they explore careers, learn new skills, make friends, and keep their minds and bodies active and engaged.*

### REGISTRATION

To register online for camps, go to [westmoreland.edu/camps](http://westmoreland.edu/camps). Scholarships Available for those who qualify, go to [westmoreland.edu/camps](http://westmoreland.edu/camps) for scholarship details and scholarship application.

### Camps the Week of June 12



#### Careers in the Trades (Grades 7-12)

If you want a career performing hands-on work and want to make a good salary, the trades may be for you. Explore careers in the trades offered at Westmoreland's Advanced Technology Center. Each day will focus on a different career. You will learn about the job duties and educational requirements for plumbing, HVAC and welding. Wear long pants and closed-toed shoes. The camp will be held at the college's Advanced Technology Center in Mt. Pleasant. Evan Dickson, John Marasti, Joseph Myers, \$49 tuition + \$7 material fee  
Monday, Tuesday & Wednesday,  
June 12-14, 9 a.m.-noon  
(Westmoreland-Advanced  
Technology Center)

#### Chef in Training (Ages 9-14)

Join Chef Schmucker, professional Chef and culinary instructor, to learn a new culinary skill each day as you prepare kid's favorite finger foods from scratch. You will focus on a variety of different dishes that you can bring home to impress your family with. Guests will be invited to have lunch with Chef Schmucker and their campers. Open-toed shoes, sleeveless tops, shorts and capris are not permitted in the kitchen. Wear non-skid shoes. Chef Scott Schmucker, Ed.D., CEC, CCE, \$59 tuition + \$60 material fee

Tuesday, June 13, 9 a.m.-1 p.m.

#### Biology: Forensic Files (Ages 11-16)

Want to solve a crime using biology? You will go around campus looking for clues and then return to the laboratories to examine them in detail. Learn how to read a fingerprint, analyze DNA, examine a person's bacteria, and use blood typing to eliminate suspects until only one is left. See how biology can help you break the case! Shelley Berg, MS, Susanne Kalup, MAT, Autumn Maloy, MS, Rick Oliver, MS, Laura Pirilla, BS, \$39 tuition

Friday, June 16, 9 a.m.-3:30 p.m.

### Parental Guidelines for Camps

- Complete an Emergency Contact form during registration
- Accompany your child to the classroom
- Come to the classroom at dismissal each day
- Be prompt in dropping off and picking up your child

**ENROLL EARLY!** Decisions to hold a class are based upon enrollment approximately one week prior to the start date.

# KIDS & YOUTH

## Camps the Week of June 19

### Programming with Python Camp (Ages 10-14)

Campers will use Python, a real-world programming language, to create images and animation. They will be involved with programming concepts including variables, loops, and sequenced commands, along with reading and evaluating error messages. Bring a snack, drink and flash drive to class. Jennifer daConceicao, \$99 tuition

Monday through Thursday, June 19-22,  
8:30 a.m.-12:30 p.m.



### NEW-Pioneer Survival Camp (Ages 10-14)

The Pioneers were tough and rugged folks that had to be creative and innovative to survive the wild, wild frontier. Explore the vast options that our local surroundings provided for these settlers. Learn how the pioneers survived and lived and use your new-found skills to build shelters, tools, and so much more during this three-day hands-on history camp. Discover how you can use these pioneer survival skills to survive the wilderness today! Mark Somers, \$49 tuition + \$10 material fee

Monday, Tuesday & Wednesday,  
June 19-21, 9:00 a.m.-noon  
(Westmoreland-Indiana)



### Yuckology (Ages 7-12)

Miss Manners might not approve but you definitely will! Yuckology camp is a week of learning about our gross bodily functions. Learn about burping, boogers, excrement, gas, saliva, germs and investigate brains, cells, hearts, organs and blood. Mad Science Staff, \$159 tuition

Monday through Friday, June 19-23,  
9 a.m.-12 p.m.

### NEW-The Most Magical Camp of Baking

Do you ever wonder what the "famous" grey stuff is in Beauty and the Beast? How about what it tastes like? This Magical Baking camp will explore the fun foods that Mickey Mouse, Winnie the Pooh, and the Frozen fancy of Arendelle have all inspired. Everyone will leave with some fun desserts that are right out of Disney and some easy to recreate recipes that they can make at home for all of the family for your next movie night. Chef Will Racin, CEPC and Hunter Kalp, CC, CPC, \$99 tuition + \$50 material fee.

Wednesday, Thursday & Friday,  
June 21-23, 9 a.m. – 12:00 p.m.

### Green Chemistry

The goal of green chemistry is to reduce or eliminate chemicals that are toxic to the environment or to humans. Come and perform experiments that are designed to be safe for you to replicate at home, and learn about one of the hottest areas in chemistry today! Sharon Hipple, MS, Autumn Maloy, MS, \$39 tuition + \$10 material fee

Friday, June 23, 9 a.m.-3:30 p.m.

To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).

# KIDS & YOUTH

## Camps the Week of June 26

### **Cybersecurity (Grades 7-12)**

Through hands-on activities, you will explore online tools used by cybersecurity professionals. You will learn about cybersecurity threats happening every day, cyber ethics and how to apply practical principles to keep yourself safe online. There are many career opportunities in this exciting new field. Find out what skills you need to be a White Hat Hacker. Michael Caglia, \$49 tuition

Monday, Tuesday & Wednesday, June 26-28, 9 a.m. – 12 p.m.

## Camps the Week of July 10



### **NEW-Programming with Arduino Coding Camp (Ages 11-16)**

Get an introduction to physical computing and coding using the Arduino microcontroller and IDE. Arduino is an open-source electronics platform based on easy to use hardware and software. You will tell the Arduino motherboards what to do by writing code in the Arduino programming language and by utilizing the Arduino development environment. All campers will receive an Arduino Uno to build, design and program during camp and to keep after. Christie Sever, \$59 tuition + \$50 material fee

Tuesday, Wednesday & Thursday,  
July 11-13, 8:30 a.m. -12:30 p.m.

### **Social Work Careers (Grades 7-12)**

Being a social worker is a career dedicated to helping others. In the field of social work, there are many career paths and work setting options, such as non-profit agencies, hospitals, nursing homes, mental health clinics, schools or businesses. Join us to explore your options and hear from workers in the field about job duties and educational requirements, along with their personal experiences. Erica Maloney, MSW, LSW, \$15 tuition

Tuesday, July 11, 9 a.m.-noon

### **Take the Terror out of Talking (Grades 7-12)**

The fear of public speaking is very common. You can reduce the fear and become more comfortable talking in groups and giving presentations by learning some fundamentals of public speaking. The camp will focus on delivery skills that, with practice, will provide you with the ability to communicate in groups with confidence. Good communication skills are critical for success. Registration ends June 8. Paulette Harvey, Distinguished Toastmaster, \$49 tuition + \$10 material fee

Tuesday, Wednesday & Thursday,  
July 11-13, 1-4 p.m.



**ENROLL EARLY! Decisions to hold a class are based upon enrollment approximately one week prior to the start date.**

# KIDS & YOUTH

## Camps the Week of July 17

### **Underground Explorers (Ages 7-12)**

Dig up ancient pasts! Solve real-life mysteries! You will learn about archaeology and the techniques scientists use to excavate long lost cities! Scientists discover ancient civilizations and the tools and artifacts they used in everyday life. They also study bone fragments, pottery shards, amber deposits, and fossils to understand what they can tell us about history. What's more, each class includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world. Mad Science Staff, \$159 tuition  
Monday through Friday, July 17-21,  
9 a.m. -12 p.m.

### **Programming with Scratch Camp (Ages 6-9)**

Using Scratch, a drag and drop programming interface, your child will be introduced to programming. Campers will create a variety of interactive programs that introduce the idea of events, collisions and conditions. They will create a variety of games and interactive programs to demonstrate their new knowledge. Bring a snack, drink and flash drive to class. (AGES 6-9) Jennifer daConceicao, \$99 tuition  
Monday through Thursday, July 10-13,  
8:30 a.m.-12:30 p.m.

## Camps the Week of August 7

### **Fizz, Boom, Bang! (Ages 7-12)**

Shake up a flask of fun in the lab as a junior chemist! This hand-on and interactive program of chemistry is packed solid with cool reactions. Bring a snack and drink. Registration ends July 1. Mad Science Staff, \$159 tuition  
Monday through Friday, August 7-11, 9 a.m. to noon

## Sports Camps

### **Baseball Camp (Ages 7-12)**

Camp will focus on the proper throwing, catching and hitting techniques, along with basic running skills. Bring a glove, hat, bat, water bottle and snack. Sunscreen is recommended. Mike Draghi, \$79 tuition  
Monday through Friday, June 12-16,  
9 a.m.-12 p.m.

### **Girls Basketball Camp-Beginning (Ages 8-12)**

Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack. James Brymn, \$39 tuition  
Thursday and Friday, June 29 & 30,  
9 a.m.-12 p.m.

### **Girls Basketball Camp-Advanced (Ages 12-16)**

Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack. James Brymn, \$55 tuition  
Monday through Wednesday,  
June 26-28, 9 a.m. – 12 p.m.

### **Boys Basketball Camp-Beginning (Ages 8-12)**

Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack., Scott Morrison, \$69 tuition  
Monday through Thursday, June 19-22,  
1-3 p.m.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**



# KIDS & YOUTH

## **Boys Basketball Camp-Advanced (Ages 12-16)**

Camp will focus on dribbling, passing, proper shooting techniques and offensive and defensive play. Wear sneakers and bring a water bottle and snack., Scott Morrison, \$69 tuition

Monday through Thursday, June 19-22,  
9-11:30 a.m.

## **Personal Fitness Camp (Ages 9-15)**

Campers will gain experience that includes, but not limited to, the following: components of physical fitness, introduction into weight training, flexibility, agility, safety practices, technology, assessment of health-related fitness, health problems associated with inadequate fitness levels, benefits derived from participation in physical activity along with understanding nutrition-healthy eating. Wear sneakers and workout gear. Bring a water bottle and snack. Rob Rubal, Certified Athletic trainer at Westmoreland County Community College, \$79 tuition

Monday through Friday, June 12-16,  
9 a.m.-12 p.m.

## **Volleyball Camp – Beginners (Ages 8-12)**

Camp will focus on in-depth passing and hitting techniques, proper footwork, offensive and defensive strategies, along with game play. Campers need to bring knee pads and water bottle. Mary Ellen Ferragonio, \$69 tuition

Monday through Friday, June 12-16,  
12-2:30 p.m.

## **Volleyball Camp - Advanced (Ages 12-16)**

Camp will focus on in-depth passing and hitting techniques, proper footwork, offensive and defensive strategies, along with game play. Campers need to bring knee pads and water bottle. Mary Ellen Ferragonio, \$69 tuition

Monday through Friday, June 12-16,  
9-11:30 a.m.

## Sports Clinics

### **Baseball Hitting Clinic (Ages 9-15)**

Campers will learn the fundamentals of proper grip, stance and swing path, as well as the mental aspect and thought processes of how to approach hitting. Bring a glove, bat, hat, water and snacks. Mike Draghi, \$55 tuition

Monday, Tuesday & Wednesday, June 19-21, 9 -11:30 a.m.

### **Boys/Girls Cross Country Clinic for Beginners (Ages 8-12)**

This clinic will focus on the elements of proper cross country stride and posture in developing the proper foundation to train and compete with the dynamics of cross country. The focus will be on the fundamentals of long distance running. Bring sunscreen and a water bottle. Patrick Comer, \$55 tuition

Monday through Friday, June 12-16. 7:30-9:30 a.m.

### **Boys/Girls Cross Country Advanced Clinic (Ages 12-16)**

This clinic will focus on advanced elements in developing the proper foundation to train and compete in cross country. Instruction will focus on learning pace awareness, training techniques and proper running form. Bring sunscreen and a water bottle. Patrick Comer, \$55 tuition

Monday through Friday, June 19-23, 7:30-9:30 a.m.

### **Softball Fielding/Hitting Clinic (Ages 9-15)**

Campers will learn the fundamentals of proper grip, stance and swing path, along with the proper footwork and arm mechanics with infield and outfield play. Bring a glove, bat, hat, water and snack. Taylor Bartlow, \$55 tuition

Monday, Tuesday, Wednesday, June 26-28, 8:30 a.m.-12 p.m.

**To register, go to [westmoreland.edu/coned](http://westmoreland.edu/coned).**

# REGISTRATION

## Online Registration & Payment Now Available!

Register at [westmoreland.edu/coned](http://westmoreland.edu/coned)

*If you have any questions, contact the Information Center at 724.925.4000.*

### Refund Policy

Students who officially withdraw from a class by the end of the fourth business day before class starts will receive a full refund of tuition paid.

Material fees will also be refunded if the student officially withdraws from the class by the end of the fourth business day before class starts.

No refunds will be given for either tuition or material fees without notification of four business days prior to the start of any class.

Students will receive a full refund of tuition and material fees when the college cancels a class.

### Class Cancellation

Class cancellations and college closing due to inclement weather or other emergency conditions will be announced on area radio and television stations and the Internet. As road conditions vary widely during inclement weather, you are advised to use your own judgment in deciding whether to attend classes.

**You must officially drop a course to receive a refund.**

**If you do not officially drop, you remain obligated for all tuition fees.**

**Watch your email for  
class announcements,  
cancellations, etc.**

## DON'T DELAY!

**Don't delay taking a class that interests you.**

**This could be the last time it's offered.**

**REGISTER TODAY!**

# Success starts here this Fall!

Join us in person or online, when it's best for you.

Westmoreland can save you thousands and offer you a class schedule that fits your life. Classes are in-person, remote and online. Pick the start date that works for you.

- 15-week classes starting August 21
- 12-week classes starting September 12
- 8-week classes starting October 18

## Why choose Westmoreland?

- Gain credits that can transfer to four-year colleges and universities
- Save thousands compared to many colleges and universities
- Learn from faculty that have been teaching online since 1999



View the complete schedule at  
[westmoreland.edu/fall](https://westmoreland.edu/fall).

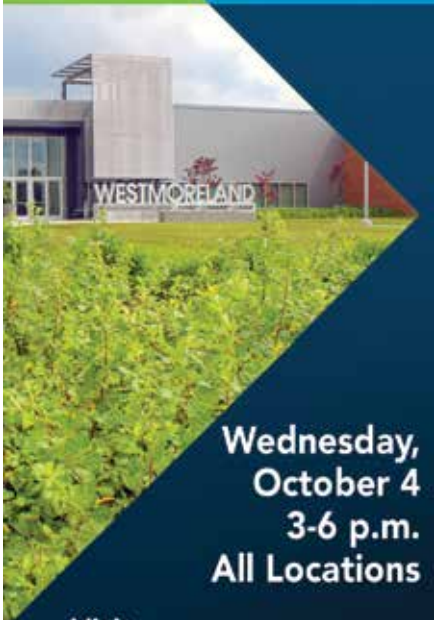
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Westmoreland is an affirmative action, equal opportunity college.

# OPEN HOUSE



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## SUMMER CAMPS FOR KIDS

*Each summer, Westmoreland offers a variety of day camps.  
There is something for every child!*



Whether your child loves science, programming, food, sports or wants to explore a future career, we have a camp to suit every interest. Plus, the majority of camps will be held in person offering opportunities to socialize, learn new skills, have fun and make new friends!

Camps are held in college classrooms and labs. Students learn through hands-on activities and demonstrations.

Sports Camps & Clinics are led by Wolfpack coaches and players and give young athletes the opportunity to increase their skills in a specific sport and to improve their fitness level.